

































## Long Beach (inside), NY - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:04	4.4	6:37	4.0			12:23	-0.6	6:26	5:46	
2	Sun	6:55	4.6	7:25	4.4	12:31	-0.6	1:11	-0.8	6:25	5:47	
3	Mon	7:43	4.7	8:13	4.7	1:25	-0.9	1:58	-1.0	6:23	5:48	
4	Tue	8:31	4.7	9:01	4.8	2:17	-1.0	2:43	-1.1	6:21	5:50	
5	Wed	9:20	4.5	9:51	4.8	3:08	-1.0	3:28	-1.0	6:20	5:51	
6	Thu	10:12	4.2	10:44	4.6	3:57	-0.8	4:12	-0.8	6:18	5:52	
7	Fri	11:07	3.9	11:39	4.4	4:47	-0.5	4:59	-0.4	6:17	5:53	
8	Sat			12:05	3.6	5:42	-0.2	5:51	0.0	6:15	5:54	
9	Sun	12:36	4.1	2:04	3.3	7:45	0.2	7:55	0.4	7:14	6:55	
10	Mon	2:33	3.9	3:04	3.1	8:55	0.4	9:06	0.6	7:12	6:56	
11	Tue	3:32	3.7	4:06	3.0	10:03	0.4	10:15	0.6	7:10	6:57	
12	Wed	4:35	3.6	5:12	3.1	11:03	0.4	11:14	0.5	7:09	6:58	
13	Thu	5:38	3.6	6:11	3.3	11:53	0.2			7:07	6:59	
14	Fri	6:33	3.7	7:00	3.5	12:05	0.4	12:36	0.1	7:05	7:01	
15	Sat	7:18	3.8	7:41	3.7	12:51	0.2	1:17	0.0	7:04	7:02	
16	Sun	7:57	3.9	8:18	3.9	1:34	0.1	1:55	-0.1	7:02	7:03	
17	Mon	8:34	3.9	8:52	4.0	2:16	0.0	2:31	-0.1	7:00	7:04	
18	Tue	9:10	3.9	9:25	4.1	2:56	-0.1	3:06	-0.1	6:59	7:05	
19	Wed	9:44	3.8	9:56	4.1	3:34	-0.1	3:39	-0.1	6:57	7:06	
20	Thu	10:18	3.6	10:25	4.0	4:10	0.0	4:10	0.0	6:56	7:07	
21	Fri	10:52	3.4	10:54	3.9	4:44	0.1	4:39	0.2	6:54	7:08	
22	Sat	11:29	3.3	11:28	3.9	5:18	0.2	5:08	0.3	6:52	7:09	
23	Sun			12:12	3.1	5:54	0.4	5:41	0.5	6:51	7:10	
24	Mon	12:13	3.8	1:05	3.0	6:39	0.6	6:23	0.6	6:49	7:11	
25	Tue	1:09	3.8	2:04	3.0	7:45	0.7	7:28	0.7	6:47	7:12	
26	Wed	2:12	3.8	3:05	3.1	9:04	0.7	8:56	0.7	6:46	7:13	
27	Thu	3:18	3.8	4:12	3.3	10:12	0.5	10:14	0.5	6:44	7:14	
28	Fri	4:29	3.9	5:19	3.6	11:10	0.2	11:20	0.1	6:42	7:15	
29	Sat	5:39	4.1	6:20	4.1			12:02	-0.2	6:41	7:16	
30	Sun	6:39	4.4	7:13	4.5	12:18	-0.2	12:52	-0.5	6:39	7:17	
31	Mon	7:32	4.6	8:02	4.9	1:13	-0.5	1:40	-0.7	6:37	7:18	