US HARBORS www.USHarbors.com

Mamaroneck, NY - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:23	8.4	1:55	7.4	7:56	-0.4	8:06	-0.1	6:28	5:46	
2	Mon	2:09	8.3	2:45	7.2	8:46	-0.1	8:56	0.2	6:26	5:47	
3	Tue	3:00	8.1	3:41	6.9	9:44	0.2	9:54	0.6	6:25	5:48	
4	Wed	3:58	7.8	4:45	6.7	10:53	0.6	11:02	0.9	6:23	5:49	
5	Thu	5:04	7.6	6:03	6.7			12:16	0.7	6:22	5:50	
6	Fri	6:22	7.5	7:27	6.9	12:23	0.9	1:36	0.5	6:20	5:51	
7	Sat	7:47	7.6	8:34	7.4	1:47	0.7	2:41	0.1	6:18	5:52	
8	Sun	9:54	7.9	10:28	7.8	3:55	0.2	4:35	-0.3	7:17	6:53	
9	Mon	10:49	8.1	11:16	8.2	4:52	-0.4	5:23	-0.6	7:15	6:55	
10	Tue	11:37	8.2			5:43	-0.8	6:06	-0.8	7:13	6:56	
11	Wed	12:00	8.4	12:22	8.1	6:30	-1.1	6:47	-0.9	7:12	6:57	
12	Thu	12:42	8.5	1:06	7.9	7:14	-1.1	7:24	-0.7	7:10	6:58	
13	Fri	1:22	8.3	1:48	7.5	7:56	-1.0	8:01	-0.5	7:09	6:59	
14	Sat	2:01	8.0	2:31	7.2	8:37	-0.7	8:37	-0.1	7:07	7:00	
15	Sun	2:42	7.7	3:16	6.8	9:20	-0.2	9:17	0.4	7:05	7:01	
16	Mon	3:25	7.2	4:06	6.4	10:07	0.2	10:04	0.8	7:04	7:02	
17	Tue	4:13	6.8	5:03	6.2	11:03	0.7	11:00	1.3	7:02	7:03	
18	Wed	5:10	6.5	6:10	6.0			12:08	1.0	7:00	7:04	
19	Thu	6:21	6.4	7:22	6.1	12:08	1.6	1:15	1.2	6:59	7:06	
20	Fri	7:40	6.5	8:25	6.3	1:23	1.6	2:17	1.1	6:57	7:07	
21	Sat	8:44	6.7	9:17	6.6	2:29	1.5	3:09	1.0	6:55	7:08	
22	Sun	9:33	7.1	9:58	7.0	3:22	1.2	3:53	0.7	6:54	7:09	
23	Mon	10:14	7.4	10:31	7.4	4:07	0.8	4:29	0.5	6:52	7:10	
24	Tue	10:48	7.6	10:58	7.8	4:47	0.4	5:02	0.2	6:50	7:11	
25	Wed	11:19	7.8	11:26	8.2	5:23	0.0	5:33	0.0	6:49	7:12	
26	Thu	11:52	8.0	11:58	8.6	5:59	-0.4	6:05	-0.2	6:47	7:13	
27	Fri			12:28	8.0	6:35	-0.6	6:40	-0.3	6:45	7:14	
28	Sat	12:35	8.8	1:07	8.0	7:14	-0.7	7:19	-0.3	6:44	7:15	
29	Sun	1:15	8.9	1:51	7.9	7:55	-0.6	8:01	-0.1	6:42	7:16	
30	Mon	2:00	8.8	2:38	7.7	8:40	-0.4	8:48	0.2	6:40	7:17	
31	Tue	2:49	8.6	3:30	7.4	9:32	0.0	9:41	0.5	6:39	7:18	