US HARBORS www.USHarbors.com

Mamaroneck, NY - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:40	6.6	8:03	7.7	1:46	0.2	1:53	0.8	5:26	8:30	
2	Thu	8:44	6.6	9:02	7.7	2:46	0.2	2:52	0.9	5:27	8:30	
3	Fri	9:40	6.8	9:55	7.7	3:42	0.1	3:48	0.9	5:27	8:30	
4	Sat	10:31	6.9	10:43	7.8	4:33	0.1	4:39	0.8	5:28	8:30	
5	Sun	11:17	7.1	11:26	7.8	5:19	0.0	5:24	0.8	5:29	8:30	
6	Mon	11:59	7.2			6:01	0.0	6:04	0.8	5:29	8:29	
7	Tue	12:05	7.7	12:37	7.2	6:38	0.1	6:39	0.8	5:30	8:29	
8	Wed	12:38	7.7	1:10	7.2	7:10	0.1	7:09	0.8	5:31	8:29	
9	Thu	1:06	7.6	1:37	7.2	7:36	0.1	7:38	0.7	5:31	8:28	
10	Fri	1:35	7.6	2:03	7.3	8:02	0.2	8:10	0.7	5:32	8:28	
11	Sat	2:08	7.6	2:34	7.5	8:31	0.2	8:47	0.7	5:33	8:27	
12	Sun	2:45	7.5	3:09	7.7	9:06	0.2	9:29	0.6	5:33	8:27	
13	Mon	3:27	7.4	3:50	7.9	9:46	0.3	10:16	0.6	5:34	8:26	
14	Tue	4:14	7.3	4:35	8.0	10:30	0.4	11:08	0.7	5:35	8:26	
15	Wed	5:04	7.2	5:24	8.1	11:19	0.6			5:36	8:25	
16	Thu	6:00	7.1	6:18	8.2	12:04	0.7	12:12	0.8	5:36	8:25	
17	Fri	7:01	7.0	7:17	8.3	1:06	0.7	1:11	0.9	5:37	8:24	
18	Sat	8:07	7.1	8:20	8.5	2:15	0.6	2:15	0.9	5:38	8:23	
19	Sun	9:14	7.4	9:23	8.7	3:24	0.3	3:22	0.7	5:39	8:22	
20	Mon	10:15	7.7	10:23	8.9	4:27	0.0	4:26	0.4	5:40	8:22	
21	Tue	11:11	8.0	11:20	9.0	5:23	-0.4	5:27	0.1	5:41	8:21	
22	Wed			12:04	8.2	6:16	-0.6	6:23	-0.2	5:42	8:20	
23	Thu	12:16	9.0	12:56	8.4	7:05	-0.8	7:18	-0.4	5:42	8:19	
24	Fri	1:11	8.7	1:47	8.5	7:52	-0.8	8:12	-0.5	5:43	8:18	
25	Sat	2:05	8.4	2:38	8.4	8:39	-0.6	9:08	-0.4	5:44	8:18	
26	Sun	2:59	7.9	3:30	8.3	9:27	-0.4	10:07	-0.2	5:45	8:17	
27	Mon	3:56	7.4	4:25	8.0	10:19	0.0	11:09	0.0	5:46	8:16	
28	Tue	4:57	6.9	5:23	7.8	11:15	0.4			5:47	8:15	
29	Wed	6:02	6.6	6:26	7.5	12:13	0.2	12:16	0.7	5:48	8:14	
30	Thu	7:10	6.4	7:32	7.3	1:16	0.4	1:20	1.0	5:49	8:13	
31	Fri	8:17	6.4	8:37	7.3	2:18	0.5	2:25	1.1	5:50	8:12	