US HARBORS www.USHarbors.com

Mamaroneck, NY - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:16**	6.6	**9:33**	7.4	**3:16**	0.5	**3:24**	1.1	5:51	8:11	
2	Sun	**10:08**	6.8	**10:22**	7.5	**4:07**	0.4	**4:16**	1.0	5:52	8:09	
3	Mon	**10:53**	7.0	**11:05**	7.6	**4:54**	0.3	**5:01**	0.9	5:53	8:08	
4	Tue	**11:34**	7.2	**11:43**	7.7	**5:35**	0.2	**5:41**	0.8	5:54	8:07	
5	Wed			**12:10**	7.3	**6:10**	0.1	**6:15**	0.7	5:55	8:06	
6	Thu	**12:14**	7.7	**12:39**	7.4	**6:39**	0.1	**6:45**	0.5	5:56	8:05	
7	Fri	**12:41**	7.7	**1:02**	7.5	**7:04**	0.1	**7:13**	0.4	5:57	8:04	
8	Sat	**1:08**	7.7	**1:26**	7.7	**7:28**	0.0	**7:45**	0.3	5:58	8:02	
9	Sun	**1:40**	7.7	**1:57**	7.9	**7:58**	0.0	**8:21**	0.2	5:59	8:01	
10	Mon	**2:17**	7.6	**2:34**	8.1	**8:32**	0.0	**9:01**	0.3	6:00	8:00	
11	Tue	**2:58**	7.5	**3:16**	8.3	**9:12**	0.2	**9:47**	0.3	6:01	7:58	
12	Wed	**3:45**	7.4	**4:02**	8.3	**9:57**	0.4	**10:38**	0.5	6:02	7:57	
13	Thu	**4:36**	7.2	**4:53**	8.3	**10:48**	0.6	**11:36**	0.7	6:03	7:56	
14	Fri	**5:32**	7.1	**5:50**	8.2	**11:45**	0.9			6:04	7:54	
15	Sat	**6:36**	7.0	**6:53**	8.2	**12:42**	0.8	**12:49**	1.0	6:05	7:53	
16	Sun	**7:47**	7.1	**8:03**	8.3	**1:57**	0.7	**2:00**	1.0	6:06	7:52	
17	Mon	**9:00**	7.4	**9:13**	8.5	**3:11**	0.5	**3:14**	0.7	6:07	7:50	
18	Tue	**10:02**	7.8	**10:15**	8.7	**4:13**	0.1	**4:20**	0.3	6:08	7:49	
19	Wed	**10:57**	8.2	**11:12**	8.8	**5:07**	-0.3	**5:19**	-0.1	6:09	7:47	
20	Thu	**11:48**	8.5			**5:57**	-0.6	**6:13**	-0.5	6:10	7:46	
21	Fri	**12:05**	8.7	**12:36**	8.7	**6:43**	-0.8	**7:05**	-0.7	6:11	7:44	
22	Sat	**12:56**	8.5	**1:23**	8.7	**7:26**	-0.7	**7:55**	-0.7	6:12	7:43	
23	Sun	**1:46**	8.1	**2:09**	8.5	**8:09**	-0.6	**8:45**	-0.6	6:13	7:41	
24	Mon	**2:36**	7.7	**2:57**	8.3	**8:54**	-0.2	**9:39**	-0.3	6:14	7:40	
25	Tue	**3:29**	7.2	**3:48**	7.9	**9:41**	0.2	**10:37**	0.1	6:15	7:38	
26	Wed	**4:27**	6.8	**4:45**	7.5	**10:36**	0.6	**11:39**	0.4	6:16	7:37	
27	Thu	**5:30**	6.5	**5:49**	7.2	**11:38**	1.0			6:17	7:35	
28	Fri	**6:38**	6.3	**6:59**	7.0	**12:43**	0.7	**12:47**	1.3	6:18	7:33	
29	Sat	**7:46**	6.4	**8:07**	7.0	**1:45**	0.8	**1:54**	1.4	6:19	7:32	
30	Sun	**8:47**	6.6	**9:06**	7.2	**2:43**	0.8	**2:55**	1.3	6:20	7:30	
31	Mon	**9:39**	6.9	**9:55**	7.4	**3:35**	0.7	**3:47**	1.2	6:21	7:29	