US HARBORS www.USHarbors.com

Mamaroneck, NY - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:29	8.4	10:04	7.6	3:32	0.3	4:12	-0.2	6:26	4:50	
2	Mon	10:06	8.7	10:42	7.7	4:10	0.1	4:52	-0.4	6:27	4:49	
3	Tue	10:45	8.9	11:23	7.8	4:50	0.0	5:33	-0.5	6:28	4:48	
4	Wed	11:29	8.9			5:32	0.0	6:16	-0.5	6:29	4:47	
5	Thu	12:08	7.7	12:16	8.8	6:18	0.1	7:03	-0.3	6:30	4:46	
6	Fri	12:56	7.6	1:07	8.6	7:07	0.2	7:55	-0.1	6:31	4:45	
7	Sat	1:49	7.5	2:02	8.3	8:02	0.5	8:54	0.2	6:33	4:44	
8	Sun	2:48	7.3	3:03	7.9	9:07	0.7	10:02	0.4	6:34	4:43	
9	Mon	3:54	7.3	4:12	7.5	10:21	0.8	11:11	0.5	6:35	4:42	
10	Tue	5:06	7.3	5:29	7.3	11:40	0.7			6:36	4:41	
11	Wed	6:18	7.5	6:47	7.2	12:18	0.4	12:54	0.4	6:37	4:40	
12	Thu	7:23	7.8	7:53	7.3	1:19	0.3	1:58	0.0	6:39	4:39	
13	Fri	8:18	8.1	8:49	7.3	2:15	0.1	2:55	-0.4	6:40	4:38	
14	Sat	9:07	8.3	9:39	7.4	3:05	0.0	3:46	-0.7	6:41	4:37	
15	Sun	9:52	8.4	10:24	7.4	3:52	-0.1	4:34	-0.8	6:42	4:36	
16	Mon	10:35	8.3	11:08	7.3	4:36	-0.1	5:18	-0.8	6:43	4:35	
17	Tue	11:15	8.1	11:50	7.2	5:17	0.0	5:59	-0.6	6:45	4:34	
18	Wed	11:54	7.8			5:56	0.1	6:38	-0.4	6:46	4:34	
19	Thu	12:31	7.0	12:33	7.5	6:33	0.4	7:15	-0.1	6:47	4:33	
20	Fri	1:11	6.8	1:12	7.2	7:09	0.6	7:51	0.2	6:48	4:32	
21	Sat	1:53	6.6	1:53	7.0	7:49	0.9	8:31	0.4	6:49	4:32	
22	Sun	2:37	6.5	2:39	6.8	8:34	1.1	9:15	0.6	6:50	4:31	
23	Mon	3:23	6.4	3:28	6.6	9:25	1.2	10:02	0.8	6:51	4:30	
24	Tue	4:11	6.4	4:21	6.5	10:21	1.3	10:50	0.8	6:53	4:30	
25	Wed	4:59	6.6	5:18	6.5	11:19	1.2	11:39	0.8	6:54	4:29	
26	Thu	5:48	6.8	6:17	6.5			12:18	1.0	6:55	4:29	
27	Fri	6:37	7.1	7:14	6.7	12:28	0.8	1:16	0.7	6:56	4:28	
28	Sat	7:24	7.5	8:05	6.9	1:18	0.7	2:09	0.3	6:57	4:28	
29	Sun	8:09	8.0	8:51	7.2	2:06	0.5	2:57	0.0	6:58	4:28	
30	Mon	8:53	8.4	9:34	7.4	2:53	0.3	3:44	-0.4	6:59	4:27	