US HARBORS www.USHarbors.com

Mamaroneck, NY - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:01	8.9	11:41	8.0	5:07	-0.6	5:52	-1.2	7:19	4:37	
2	Sat	11:53	8.8			5:59	-0.8	6:40	-1.2	7:19	4:38	
3	Sun	12:31	8.0	12:46	8.5	6:51	-0.9	7:28	-1.1	7:19	4:39	
4	Mon	1:23	8.0	1:40	8.1	7:47	-0.8	8:18	-0.9	7:19	4:40	
5	Tue	2:16	7.9	2:38	7.5	8:47	-0.6	9:13	-0.6	7:19	4:41	
6	Wed	3:13	7.7	3:41	7.0	9:54	-0.4	10:12	-0.3	7:19	4:42	
7	Thu	4:14	7.5	4:49	6.6	11:03	-0.3	11:15	0.0	7:19	4:43	
8	Fri	5:21	7.3	6:03	6.3			12:12	-0.2	7:19	4:44	
9	Sat	6:30	7.2	7:13	6.2	12:21	0.2	1:17	-0.2	7:19	4:45	
10	Sun	7:36	7.2	8:15	6.4	1:26	0.3	2:17	-0.3	7:18	4:46	
11	Mon	8:35	7.3	9:08	6.6	2:26	0.3	3:11	-0.4	7:18	4:47	
12	Tue	9:26	7.4	9:56	6.7	3:20	0.1	4:00	-0.5	7:18	4:48	
13	Wed	10:11	7.4	10:39	6.9	4:08	0.0	4:44	-0.5	7:18	4:49	
14	Thu	10:52	7.4	11:18	6.9	4:50	0.0	5:22	-0.5	7:17	4:50	
15	Fri	11:27	7.3	11:53	6.9	5:27	0.0	5:56	-0.5	7:17	4:51	
16	Sat	11:57	7.2			5:59	0.0	6:23	-0.4	7:16	4:52	
17	Sun	12:21	6.9	12:24	7.1	6:26	0.1	6:47	-0.3	7:16	4:53	
18	Mon	12:46	6.9	12:53	7.0	6:54	0.1	7:13	-0.3	7:15	4:54	
19	Tue	1:13	6.9	1:27	6.9	7:27	0.1	7:44	-0.2	7:15	4:56	
20	Wed	1:47	7.0	2:06	6.8	8:06	0.2	8:22	0.0	7:14	4:57	
21	Thu	2:25	7.1	2:51	6.6	8:50	0.3	9:05	0.2	7:14	4:58	
22	Fri	3:09	7.2	3:40	6.5	9:40	0.4	9:54	0.4	7:13	4:59	
23	Sat	3:58	7.3	4:35	6.4	10:36	0.5	10:48	0.6	7:12	5:00	
24	Sun	4:52	7.3	5:36	6.4	11:40	0.5	11:48	0.7	7:12	5:02	
25	Mon	5:52	7.5	6:44	6.5			12:51	0.4	7:11	5:03	
26	Tue	6:58	7.7	7:53	6.8	12:54	0.6	2:02	0.2	7:10	5:04	
27	Wed	8:03	8.0	8:53	7.3	2:02	0.4	3:04	-0.3	7:09	5:05	
28	Thu	9:03	8.4	9:46	7.7	3:06	-0.1	3:58	-0.7	7:08	5:06	
29	Fri	9:58	8.7	10:36	8.1	4:03	-0.5	4:48	-1.1	7:07	5:08	
30	Sat	10:50	8.8	11:25	8.3	4:57	-0.9	5:35	-1.3	7:07	5:09	
31	Sun	11:42	8.7			5:48	-1.2	6:20	-1.4	7:06	5:10	