US HARBORS www.USHarbors.com

Mamaroneck, NY - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**11:28**	8.6	**11:51**	8.8	**5:36**	-1.4	**5:57**	-1.3	6:28	5:45	
2	Tue			**12:16**	8.3	**6:24**	-1.5	**6:39**	-1.1	6:27	5:46	
3	Wed	**12:36**	8.7	**1:05**	7.9	**7:13**	-1.3	**7:22**	-0.8	6:25	5:48	
4	Thu	**1:23**	8.4	**1:55**	7.4	**8:03**	-1.0	**8:09**	-0.4	6:23	5:49	
5	Fri	**2:12**	8.0	**2:50**	6.9	**8:59**	-0.5	**9:02**	0.1	6:22	5:50	
6	Sat	**3:07**	7.5	**3:52**	6.5	**10:02**	0.0	**10:05**	0.6	6:20	5:51	
7	Sun	**4:11**	7.0	**5:03**	6.2	**11:10**	0.4	**11:20**	1.0	6:19	5:52	
8	Mon	**5:28**	6.7	**6:17**	6.1			**12:18**	0.6	6:17	5:53	
9	Tue	**6:45**	6.6	**7:24**	6.3	**12:34**	1.1	**1:22**	0.7	6:16	5:54	
10	Wed	**7:50**	6.8	**8:21**	6.6	**1:40**	1.0	**2:18**	0.6	6:14	5:55	
11	Thu	**8:43**	7.0	**9:09**	7.0	**2:36**	0.8	**3:06**	0.4	6:12	5:57	
12	Fri	**9:29**	7.2	**9:50**	7.2	**3:24**	0.5	**3:48**	0.2	6:11	5:58	
13	Sat	**10:08**	7.4	**10:25**	7.4	**4:05**	0.3	**4:24**	0.1	6:09	5:59	
14	Sun	**11:42**	7.5	**11:53**	7.6	**5:41**	0.1	**5:54**	0.0	7:07	7:00	
15	Mon			**12:10**	7.5	**6:12**	-0.1	**6:18**	0.0	7:06	7:01	
16	Tue	**12:14**	7.7	**12:35**	7.5	**6:39**	-0.2	**6:42**	-0.1	7:04	7:02	
17	Wed	**12:36**	7.9	**1:02**	7.5	**7:07**	-0.3	**7:10**	-0.1	7:02	7:03	
18	Thu	**1:05**	8.1	**1:35**	7.4	**7:38**	-0.3	**7:44**	0.0	7:01	7:04	
19	Fri	**1:41**	8.2	**2:13**	7.4	**8:15**	-0.2	**8:23**	0.2	6:59	7:05	
20	Sat	**2:22**	8.2	**2:57**	7.3	**8:56**	0.0	**9:07**	0.4	6:57	7:06	
21	Sun	**3:08**	8.2	**3:46**	7.2	**9:45**	0.3	**9:58**	0.7	6:56	7:07	
22	Mon	**4:00**	8.0	**4:42**	7.1	**10:42**	0.5	**10:57**	0.9	6:54	7:08	
23	Tue	**4:58**	7.8	**5:44**	7.0	**11:47**	0.8			6:52	7:10	
24	Wed	**6:03**	7.7	**6:56**	7.1	**12:04**	1.0	**1:02**	0.8	6:51	7:11	
25	Thu	**7:16**	7.7	**8:11**	7.5	**1:21**	0.9	**2:18**	0.6	6:49	7:12	
26	Fri	**8:33**	7.9	**9:17**	8.0	**2:39**	0.6	**3:22**	0.2	6:47	7:13	
27	Sat	**9:39**	8.2	**10:10**	8.5	**3:45**	0.0	**4:16**	-0.2	6:46	7:14	
28	Sun	**10:34**	8.4	**10:58**	8.8	**4:42**	-0.6	**5:05**	-0.6	6:44	7:15	
29	Mon	**11:25**	8.5	**11:43**	9.0	**5:34**	-1.0	**5:50**	-0.8	6:42	7:16	
30	Tue			**12:13**	8.4	**6:22**	-1.3	**6:33**	-0.8	6:41	7:17	
31	Wed	**12:28**	9.0	**12:59**	8.1	**7:09**	-1.3	**7:15**	-0.6	6:39	7:18	