US HARBORS www.USHarbors.com

Mamaroneck, NY - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:54	7.2	3:24	7.2	9:15	0.4	9:34	0.9	5:26	8:30	
2	Fri	3:33	7.0	4:00	7.2	9:50	0.5	10:18	1.0	5:27	8:30	
3	Sat	4:17	6.8	4:39	7.3	10:31	0.7	11:07	1.1	5:27	8:30	
4	Sun	5:04	6.7	5:23	7.4	11:16	0.9			5:28	8:30	
5	Mon	5:56	6.6	6:11	7.5	12:00	1.1	12:05	1.1	5:28	8:30	
6	Tue	6:53	6.6	7:04	7.7	12:57	1.1	12:58	1.2	5:29	8:29	
7	Wed	7:55	6.7	8:01	7.9	2:00	1.0	1:56	1.2	5:30	8:29	
8	Thu	8:57	6.9	8:58	8.2	3:03	0.7	2:56	1.1	5:30	8:29	
9	Fri	9:51	7.3	9:53	8.6	4:00	0.4	3:54	0.8	5:31	8:28	
10	Sat	10:42	7.6	10:45	8.9	4:53	0.1	4:50	0.5	5:32	8:28	
11	Sun	11:31	8.0	11:37	9.0	5:43	-0.3	5:44	0.2	5:32	8:27	
12	Mon			12:19	8.3	6:30	-0.5	6:37	-0.1	5:33	8:27	
13	Tue	12:29	9.1	1:08	8.5	7:16	-0.7	7:29	-0.3	5:34	8:26	
14	Wed	1:21	8.9	1:58	8.6	8:02	-0.7	8:22	-0.4	5:35	8:26	
15	Thu	2:14	8.6	2:49	8.6	8:50	-0.6	9:19	-0.4	5:36	8:25	
16	Fri	3:09	8.2	3:42	8.5	9:40	-0.4	10:20	-0.2	5:36	8:25	
17	Sat	4:07	7.7	4:38	8.4	10:34	-0.1	11:26	-0.1	5:37	8:24	
18	Sun	5:10	7.3	5:38	8.2	11:33	0.3			5:38	8:23	
19	Mon	6:19	6.9	6:44	7.9	12:34	0.1	12:37	0.6	5:39	8:23	
20	Tue	7:32	6.7	7:55	7.8	1:41	0.2	1:45	0.8	5:40	8:22	
21	Wed	8:40	6.7	9:01	7.8	2:45	0.2	2:52	0.8	5:41	8:21	
22	Thu	9:40	6.9	9:58	7.8	3:44	0.1	3:52	0.7	5:41	8:20	
23	Fri	10:32	7.1	10:48	7.9	4:36	0.0	4:46	0.6	5:42	8:20	
24	Sat	11:20	7.3	11:33	7.8	5:24	-0.1	5:33	0.5	5:43	8:19	
25	Sun			12:03	7.4	6:06	-0.1	6:16	0.4	5:44	8:18	
26	Mon	12:14	7.8	12:42	7.4	6:44	-0.1	6:53	0.4	5:45	8:17	
27	Tue	12:49	7.6	1:16	7.4	7:16	-0.1	7:25	0.5	5:46	8:16	
28	Wed	1:20	7.5	1:45	7.4	7:42	0.0	7:54	0.5	5:47	8:15	
29	Thu	1:50	7.4	2:10	7.4	8:06	0.1	8:24	0.6	5:48	8:14	
30	Fri	2:21	7.2	2:39	7.4	8:34	0.2	8:58	0.6	5:49	8:13	
31	Sat	2:57	7.1	3:14	7.5	9:09	0.4	9:38	0.7	5:50	8:12	