

Montauk Harbor, NY - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:04	1.9	9:24	1.9	3:25	-0.1	3:40	-0.1	6:21	5:38	
2	Tue	9:44	1.8	10:06	1.9	4:03	-0.1	4:15	0.0	6:19	5:39	
3	Wed	10:26	1.8	10:48	1.9	4:43	0.0	4:50	0.1	6:18	5:41	
4	Thu	11:10	1.7	11:33	1.9	5:25	0.0	5:29	0.2	6:16	5:42	
5	Fri	11:56	1.6			6:10	0.1	6:11	0.3	6:15	5:43	
6	Sat	12:19	1.8	12:43	1.5	6:59	0.1	6:57	0.3	6:13	5:44	
7	Sun	1:07	1.7	1:32	1.5	7:49	0.2	7:47	0.4	6:11	5:45	
8	Mon	1:59	1.7	2:26	1.4	8:42	0.2	8:41	0.4	6:10	5:46	
9	Tue	2:58	1.7	3:25	1.4	9:37	0.2	9:38	0.4	6:08	5:47	
10	Wed	3:59	1.7	4:22	1.5	10:31	0.2	10:36	0.3	6:06	5:49	
11	Thu	4:53	1.8	5:12	1.6	11:24	0.1	11:31	0.1	6:05	5:50	
12	Fri	5:41	1.9	5:58	1.8			12:14	0.0	6:03	5:51	
13	Sat	6:26	2.1	6:43	2.0	12:25	0.0	1:02	-0.2	6:01	5:52	
14	Sun	7:11	2.1	7:29	2.2	1:19	-0.2	1:50	-0.3	6:00	5:53	
15	Mon	7:57	2.2	8:16	2.3	2:11	-0.4	2:36	-0.4	5:58	5:54	
16	Tue	8:43	2.2	9:04	2.4	3:02	-0.5	3:21	-0.4	5:57	5:55	
17	Wed	9:31	2.1	9:54	2.5	3:52	-0.5	4:09	-0.4	5:55	5:56	
18	Thu	10:22	2.1	10:48	2.4	4:45	-0.5	4:59	-0.3	5:53	5:57	
19	Fri	11:17	1.9	11:45	2.3	5:41	-0.4	5:55	-0.2	5:52	5:58	
20	Sat			12:15	1.8	6:40	-0.3	6:54	-0.1	5:50	5:59	
21	Sun	12:45	2.2	1:15	1.7	7:41	-0.1	7:57	0.1	5:48	6:01	
22	Mon	1:47	2.1	2:19	1.7	8:42	0.0	9:02	0.1	5:46	6:02	
23	Tue	2:55	1.9	3:28	1.7	9:44	0.1	10:07	0.2	5:45	6:03	
24	Wed	4:04	1.9	4:34	1.7	10:44	0.1	11:10	0.2	5:43	6:04	
25	Thu	5:05	1.8	5:29	1.8	11:40	0.1			5:41	6:05	
26	Fri	5:56	1.8	6:15	1.9	12:07	0.1	12:31	0.1	5:40	6:06	
27	Sat	6:40	1.8	6:58	1.9	12:59	0.1	1:16	0.1	5:38	6:07	
28	Sun	7:21	1.8	7:39	2.0	1:45	0.1	1:57	0.1	5:36	6:08	
29	Mon	8:01	1.8	8:18	2.1	2:26	0.0	2:34	0.1	5:35	6:09	
30	Tue	8:40	1.8	8:57	2.1	3:04	0.0	3:08	0.2	5:33	6:10	
31	Wed	9:20	1.8	9:37	2.1	3:40	0.0	3:42	0.2	5:31	6:11	