

Montauk Harbor, NY - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:00	2.3	12:43	2.1	6:53	0.0	7:10	0.3	5:19	8:24	
2	Fri	12:48	2.2	1:33	2.2	7:42	0.1	8:08	0.3	5:19	8:23	
3	Sat	1:38	2.1	2:24	2.3	8:32	0.1	9:08	0.3	5:20	8:23	
4	Sun	2:32	2.0	3:19	2.3	9:24	0.1	10:09	0.3	5:20	8:23	
5	Mon	3:33	1.9	4:19	2.4	10:19	0.2	11:11	0.2	5:21	8:23	
6	Tue	4:40	1.8	5:19	2.5	11:16	0.2			5:22	8:22	
7	Wed	5:44	1.8	6:16	2.5	12:11	0.1	12:14	0.2	5:22	8:22	
8	Thu	6:41	1.9	7:09	2.6	1:09	0.1	1:12	0.2	5:23	8:22	
9	Fri	7:35	1.9	8:00	2.6	2:05	0.0	2:09	0.2	5:24	8:21	
10	Sat	8:28	2.0	8:50	2.6	2:58	-0.1	3:04	0.1	5:24	8:21	
11	Sun	9:19	2.1	9:39	2.5	3:47	-0.1	3:55	0.1	5:25	8:21	
12	Mon	10:09	2.1	10:27	2.5	4:33	-0.1	4:44	0.2	5:26	8:20	
13	Tue	10:58	2.1	11:14	2.3	5:18	0.0	5:33	0.2	5:26	8:19	
14	Wed	11:48	2.1			6:03	0.1	6:24	0.3	5:27	8:19	
15	Thu	12:03	2.2	12:39	2.2	6:49	0.2	7:17	0.4	5:28	8:18	
16	Fri	12:53	2.1	1:30	2.1	7:36	0.3	8:11	0.5	5:29	8:18	
17	Sat	1:43	1.9	2:20	2.1	8:21	0.4	9:05	0.5	5:30	8:17	
18	Sun	2:34	1.8	3:12	2.1	9:07	0.5	9:59	0.5	5:30	8:16	
19	Mon	3:28	1.7	4:07	2.1	9:54	0.6	10:53	0.5	5:31	8:16	
20	Tue	4:26	1.6	5:03	2.1	10:43	0.6	11:45	0.5	5:32	8:15	
21	Wed	5:24	1.6	5:55	2.2	11:33	0.6			5:33	8:14	
22	Thu	6:16	1.7	6:43	2.2	12:34	0.5	12:22	0.6	5:34	8:13	
23	Fri	7:03	1.7	7:27	2.3	1:21	0.4	1:11	0.6	5:35	8:13	
24	Sat	7:48	1.8	8:09	2.3	2:06	0.3	1:59	0.5	5:36	8:12	
25	Sun	8:32	1.9	8:50	2.4	2:49	0.2	2:46	0.4	5:37	8:11	
26	Mon	9:14	2.0	9:30	2.4	3:31	0.1	3:32	0.3	5:38	8:10	
27	Tue	9:56	2.1	10:10	2.4	4:12	0.0	4:17	0.2	5:39	8:09	
28	Wed	10:39	2.2	10:51	2.4	4:54	0.0	5:05	0.2	5:39	8:08	
29	Thu	11:25	2.3	11:36	2.3	5:37	-0.1	5:56	0.2	5:40	8:07	
30	Fri			12:14	2.3	6:24	0.0	6:51	0.2	5:41	8:06	
31	Sat	12:26	2.2	1:06	2.4	7:14	0.0	7:50	0.2	5:42	8:05	