

Montauk Harbor, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:19	2.1	2:00	2.4	8:06	0.1	8:50	0.2	5:43	8:04	
2	Mon	2:15	2.0	2:57	2.4	9:01	0.2	9:52	0.2	5:44	8:03	
3	Tue	3:16	1.9	3:59	2.4	9:59	0.2	10:54	0.2	5:45	8:01	
4	Wed	4:24	1.8	5:04	2.4	11:00	0.3	11:55	0.2	5:46	8:00	
5	Thu	5:31	1.8	6:04	2.4			12:01	0.3	5:47	7:59	
6	Fri	6:30	1.9	6:58	2.4	12:53	0.1	1:01	0.3	5:48	7:58	
7	Sat	7:23	2.0	7:48	2.4	1:48	0.1	1:58	0.2	5:49	7:57	
8	Sun	8:14	2.0	8:36	2.4	2:40	0.1	2:52	0.2	5:50	7:55	
9	Mon	9:02	2.1	9:21	2.4	3:27	0.0	3:41	0.2	5:51	7:54	
10	Tue	9:48	2.2	10:05	2.3	4:11	0.0	4:27	0.2	5:52	7:53	
11	Wed	10:33	2.2	10:49	2.2	4:51	0.1	5:12	0.2	5:53	7:51	
12	Thu	11:18	2.2	11:34	2.1	5:31	0.2	5:57	0.3	5:54	7:50	
13	Fri			12:05	2.2	6:12	0.3	6:45	0.4	5:55	7:49	
14	Sat	12:21	2.0	12:53	2.2	6:54	0.4	7:35	0.4	5:56	7:47	
15	Sun	1:10	1.9	1:42	2.2	7:38	0.5	8:25	0.5	5:57	7:46	
16	Mon	1:59	1.8	2:32	2.1	8:23	0.6	9:17	0.5	5:58	7:45	
17	Tue	2:52	1.7	3:26	2.1	9:10	0.7	10:09	0.5	5:59	7:43	
18	Wed	3:48	1.7	4:24	2.1	10:01	0.7	11:02	0.5	6:00	7:42	
19	Thu	4:48	1.7	5:20	2.1	10:55	0.7	11:53	0.5	6:01	7:40	
20	Fri	5:43	1.7	6:11	2.1	11:48	0.7			6:02	7:39	
21	Sat	6:32	1.8	6:56	2.2	12:42	0.4	12:39	0.6	6:03	7:37	
22	Sun	7:16	1.9	7:38	2.3	1:29	0.3	1:30	0.4	6:04	7:36	
23	Mon	7:59	2.0	8:19	2.4	2:15	0.2	2:20	0.3	6:05	7:34	
24	Tue	8:41	2.2	9:00	2.4	2:59	0.1	3:09	0.2	6:06	7:33	
25	Wed	9:24	2.3	9:42	2.4	3:41	0.0	3:57	0.1	6:07	7:31	
26	Thu	10:08	2.4	10:26	2.4	4:24	-0.1	4:46	0.0	6:08	7:30	
27	Fri	10:55	2.5	11:13	2.3	5:08	-0.1	5:37	0.0	6:09	7:28	
28	Sat	11:45	2.6			5:55	0.0	6:32	0.0	6:10	7:26	
29	Sun	12:05	2.2	12:40	2.6	6:47	0.0	7:31	0.1	6:11	7:25	
30	Mon	1:01	2.1	1:37	2.5	7:42	0.1	8:32	0.1	6:12	7:23	
31	Tue	2:00	2.0	2:37	2.5	8:41	0.2	9:33	0.2	6:13	7:22	