


































Montauk Harbor, NY - Jan 2020

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 1:15 | 1.6 | 1:27 | 1.6 | 7:46 | 0.4 | 8:09 | 0.2 | 7:12 | 4:29 |  |
| 2 | Thu | 2:09 | 1.6 | 2:20 | 1.5 | 8:42 | 0.4 | 8:54 | 0.2 | 7:12 | 4:30 |  |
| 3 | Fri | 3:05 | 1.7 | 3:17 | 1.4 | 9:38 | 0.4 | 9:40 | 0.3 | 7:12 | 4:31 |  |
| 4 | Sat | 4:00 | 1.7 | 4:15 | 1.4 | 10:32 | 0.3 | 10:26 | 0.3 | 7:12 | 4:32 |  |
| 5 | Sun | 4:51 | 1.8 | 5:06 | 1.4 | 11:23 | 0.2 | 11:11 | 0.3 | 7:12 | 4:33 |  |
| 6 | Mon | 5:36 | 1.9 | 5:53 | 1.4 | | | 12:12 | 0.1 | 7:12 | 4:34 |  |
| 7 | Tue | 6:18 | 2.0 | 6:37 | 1.4 | | | 12:59 | 0.0 | 7:12 | 4:35 |  |
| 8 | Wed | 6:59 | 2.1 | 7:19 | 1.5 | 12:44 | 0.1 | 1:44 | -0.1 | 7:12 | 4:36 |  |
| 9 | Thu | 7:40 | 2.2 | 8:01 | 1.6 | 1:31 | 0.0 | 2:29 | -0.3 | 7:12 | 4:37 |  |
| 10 | Fri | 8:22 | 2.2 | 8:44 | 1.6 | 2:18 | -0.1 | 3:13 | -0.3 | 7:12 | 4:38 |  |
| 11 | Sat | 9:05 | 2.3 | 9:29 | 1.7 | 3:05 | -0.1 | 3:57 | -0.4 | 7:12 | 4:39 |  |
| 12 | Sun | 9:51 | 2.3 | 10:18 | 1.7 | 3:53 | -0.2 | 4:44 | -0.4 | 7:11 | 4:40 |  |
| 13 | Mon | 10:39 | 2.2 | 11:12 | 1.8 | 4:45 | -0.2 | 5:34 | -0.4 | 7:11 | 4:41 |  |
| 14 | Tue | 11:32 | 2.1 | | | 5:43 | -0.2 | 6:26 | -0.3 | 7:11 | 4:42 |  |
| 15 | Wed | 12:09 | 1.8 | 12:26 | 1.9 | 6:45 | -0.1 | 7:20 | -0.3 | 7:10 | 4:43 |  |
| 16 | Thu | 1:07 | 1.9 | 1:23 | 1.8 | 7:48 | -0.1 | 8:14 | -0.2 | 7:10 | 4:44 |  |
| 17 | Fri | 2:07 | 1.9 | 2:24 | 1.6 | 8:53 | 0.0 | 9:10 | -0.2 | 7:09 | 4:45 |  |
| 18 | Sat | 3:11 | 2.0 | 3:31 | 1.5 | 9:58 | 0.0 | 10:08 | -0.1 | 7:09 | 4:46 |  |
| 19 | Sun | 4:15 | 2.0 | 4:37 | 1.5 | 11:01 | -0.1 | 11:06 | -0.1 | 7:08 | 4:48 |  |
| 20 | Mon | 5:12 | 2.1 | 5:34 | 1.5 | | | 12:00 | -0.1 | 7:08 | 4:49 |  |
| 21 | Tue | 6:04 | 2.1 | 6:26 | 1.5 | 12:03 | -0.1 | 12:56 | -0.2 | 7:07 | 4:50 |  |
| 22 | Wed | 6:53 | 2.1 | 7:15 | 1.5 | 12:58 | -0.1 | 1:47 | -0.2 | 7:06 | 4:51 |  |
| 23 | Thu | 7:39 | 2.1 | 8:01 | 1.6 | 1:50 | -0.1 | 2:33 | -0.2 | 7:06 | 4:52 |  |
| 24 | Fri | 8:23 | 2.1 | 8:45 | 1.6 | 2:36 | -0.1 | 3:15 | -0.2 | 7:05 | 4:54 |  |
| 25 | Sat | 9:06 | 2.0 | 9:29 | 1.6 | 3:20 | -0.1 | 3:55 | -0.2 | 7:04 | 4:55 |  |
| 26 | Sun | 9:48 | 2.0 | 10:13 | 1.6 | 4:01 | 0.0 | 4:34 | -0.1 | 7:03 | 4:56 |  |
| 27 | Mon | 10:32 | 1.9 | 11:00 | 1.7 | 4:43 | 0.0 | 5:14 | -0.1 | 7:03 | 4:57 |  |
| 28 | Tue | 11:16 | 1.8 | 11:48 | 1.7 | 5:27 | 0.1 | 5:55 | 0.0 | 7:02 | 4:58 |  |
| 29 | Wed | | | 12:02 | 1.7 | 6:16 | 0.2 | 6:37 | 0.1 | 7:01 | 5:00 |  |
| 30 | Thu | 12:36 | 1.6 | 12:49 | 1.6 | 7:06 | 0.2 | 7:19 | 0.2 | 7:00 | 5:01 |  |
| 31 | Fri | 1:25 | 1.6 | 1:38 | 1.4 | 7:58 | 0.2 | 8:02 | 0.2 | 6:59 | 5:02 |  |