


































Montauk Harbor, NY - Jan 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 4:46 | 2.0 | 5:00 | 1.4 | 11:29 | 0.0 | 11:25 | 0.1 | 7:12 | 4:29 |  |
| 2 | Mon | 5:36 | 2.0 | 5:51 | 1.4 | | | 12:25 | 0.0 | 7:12 | 4:30 |  |
| 3 | Tue | 6:21 | 2.1 | 6:38 | 1.4 | 12:17 | 0.2 | 1:15 | 0.0 | 7:12 | 4:31 |  |
| 4 | Wed | 7:04 | 2.0 | 7:22 | 1.4 | 1:07 | 0.2 | 2:00 | -0.1 | 7:12 | 4:32 |  |
| 5 | Thu | 7:46 | 2.0 | 8:04 | 1.5 | 1:52 | 0.2 | 2:40 | -0.1 | 7:12 | 4:33 |  |
| 6 | Fri | 8:28 | 2.0 | 8:46 | 1.5 | 2:33 | 0.2 | 3:17 | -0.1 | 7:12 | 4:34 |  |
| 7 | Sat | 9:09 | 2.0 | 9:28 | 1.6 | 3:11 | 0.2 | 3:54 | -0.1 | 7:12 | 4:35 |  |
| 8 | Sun | 9:49 | 1.9 | 10:12 | 1.6 | 3:47 | 0.2 | 4:31 | -0.1 | 7:12 | 4:36 |  |
| 9 | Mon | 10:31 | 1.9 | 10:58 | 1.6 | 4:25 | 0.2 | 5:10 | 0.0 | 7:12 | 4:37 |  |
| 10 | Tue | 11:12 | 1.8 | 11:44 | 1.6 | 5:07 | 0.2 | 5:50 | 0.0 | 7:12 | 4:38 |  |
| 11 | Wed | 11:54 | 1.7 | | | 5:54 | 0.3 | 6:32 | 0.0 | 7:11 | 4:39 |  |
| 12 | Thu | 12:30 | 1.6 | 12:35 | 1.6 | 6:45 | 0.3 | 7:14 | 0.1 | 7:11 | 4:40 |  |
| 13 | Fri | 1:15 | 1.6 | 1:16 | 1.5 | 7:39 | 0.3 | 7:56 | 0.1 | 7:11 | 4:41 |  |
| 14 | Sat | 2:00 | 1.7 | 2:04 | 1.4 | 8:35 | 0.3 | 8:41 | 0.2 | 7:10 | 4:42 |  |
| 15 | Sun | 2:49 | 1.7 | 3:03 | 1.3 | 9:33 | 0.2 | 9:30 | 0.2 | 7:10 | 4:43 |  |
| 16 | Mon | 3:44 | 1.8 | 4:07 | 1.3 | 10:32 | 0.1 | 10:23 | 0.2 | 7:10 | 4:44 |  |
| 17 | Tue | 4:38 | 2.0 | 5:04 | 1.3 | 11:29 | 0.0 | 11:18 | 0.1 | 7:09 | 4:46 |  |
| 18 | Wed | 5:30 | 2.1 | 5:55 | 1.4 | | | 12:25 | -0.2 | 7:09 | 4:47 |  |
| 19 | Thu | 6:21 | 2.3 | 6:45 | 1.5 | 12:15 | 0.0 | 1:19 | -0.3 | 7:08 | 4:48 |  |
| 20 | Fri | 7:12 | 2.4 | 7:36 | 1.6 | 1:12 | -0.2 | 2:11 | -0.4 | 7:07 | 4:49 |  |
| 21 | Sat | 8:05 | 2.4 | 8:28 | 1.7 | 2:07 | -0.3 | 3:00 | -0.5 | 7:07 | 4:50 |  |
| 22 | Sun | 8:56 | 2.4 | 9:21 | 1.8 | 3:01 | -0.4 | 3:49 | -0.5 | 7:06 | 4:51 |  |
| 23 | Mon | 9:48 | 2.4 | 10:15 | 1.9 | 3:54 | -0.4 | 4:37 | -0.5 | 7:05 | 4:53 |  |
| 24 | Tue | 10:40 | 2.2 | 11:12 | 1.9 | 4:50 | -0.4 | 5:28 | -0.4 | 7:05 | 4:54 |  |
| 25 | Wed | 11:34 | 2.0 | | | 5:50 | -0.3 | 6:20 | -0.3 | 7:04 | 4:55 |  |
| 26 | Thu | 12:11 | 1.9 | 12:28 | 1.8 | 6:52 | -0.2 | 7:13 | -0.2 | 7:03 | 4:56 |  |
| 27 | Fri | 1:08 | 1.9 | 1:24 | 1.6 | 7:55 | -0.1 | 8:07 | -0.1 | 7:02 | 4:58 |  |
| 28 | Sat | 2:07 | 1.9 | 2:24 | 1.4 | 8:59 | 0.0 | 9:03 | 0.0 | 7:02 | 4:59 |  |
| 29 | Sun | 3:10 | 1.9 | 3:29 | 1.3 | 10:03 | 0.0 | 10:02 | 0.2 | 7:01 | 5:00 |  |
| 30 | Mon | 4:14 | 1.9 | 4:34 | 1.3 | 11:04 | 0.0 | 11:01 | 0.2 | 7:00 | 5:01 |  |
| 31 | Tue | 5:11 | 1.8 | 5:29 | 1.3 | 11:59 | 0.0 | 11:56 | 0.2 | 6:59 | 5:03 |  |