






















## Montauk Harbor, NY - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:15	1.6	3:45	2.1	9:35	0.7	10:42	0.6	5:44	8:04	
2	Sat	4:16	1.5	4:42	2.1	10:26	0.7	11:36	0.6	5:45	8:02	
3	Sun	5:18	1.5	5:39	2.1	11:19	0.8			5:46	8:01	
4	Mon	6:13	1.6	6:30	2.2	12:26	0.5	12:12	0.8	5:46	8:00	
5	Tue	7:01	1.6	7:17	2.2	1:14	0.5	1:03	0.7	5:47	7:59	
6	Wed	7:45	1.7	8:01	2.3	2:00	0.4	1:52	0.6	5:48	7:58	
7	Thu	8:28	1.8	8:43	2.3	2:43	0.3	2:39	0.5	5:49	7:57	
8	Fri	9:10	1.9	9:23	2.4	3:24	0.2	3:24	0.4	5:50	7:55	
9	Sat	9:50	2.0	10:01	2.4	4:03	0.1	4:08	0.3	5:51	7:54	
10	Sun	10:31	2.1	10:41	2.4	4:42	0.1	4:54	0.2	5:52	7:53	
11	Mon	11:14	2.2	11:23	2.3	5:22	0.0	5:44	0.2	5:53	7:51	
12	Tue			12:00	2.3	6:04	0.1	6:38	0.2	5:54	7:50	
13	Wed	12:09	2.2	12:49	2.4	6:50	0.1	7:36	0.2	5:55	7:49	
14	Thu	1:00	2.0	1:40	2.4	7:40	0.2	8:36	0.2	5:56	7:47	
15	Fri	1:54	1.9	2:35	2.4	8:33	0.3	9:37	0.3	5:57	7:46	
16	Sat	2:53	1.8	3:37	2.4	9:31	0.4	10:40	0.3	5:58	7:44	
17	Sun	4:01	1.7	4:46	2.4	10:34	0.4	11:42	0.2	5:59	7:43	
18	Mon	5:12	1.7	5:51	2.4	11:39	0.4			6:00	7:42	
19	Tue	6:14	1.8	6:49	2.4	12:41	0.2	12:42	0.4	6:01	7:40	
20	Wed	7:09	1.9	7:41	2.4	1:37	0.2	1:42	0.3	6:02	7:39	
21	Thu	8:00	2.0	8:30	2.4	2:30	0.1	2:38	0.3	6:03	7:37	
22	Fri	8:49	2.1	9:15	2.4	3:18	0.1	3:28	0.3	6:04	7:36	
23	Sat	9:35	2.2	9:57	2.3	4:01	0.1	4:15	0.2	6:05	7:34	
24	Sun	10:19	2.2	10:39	2.2	4:41	0.1	4:59	0.3	6:06	7:33	
25	Mon	11:03	2.3	11:22	2.1	5:19	0.2	5:44	0.3	6:07	7:31	
26	Tue	11:48	2.3			5:57	0.3	6:32	0.4	6:08	7:29	
27	Wed	12:08	1.9	12:33	2.3	6:36	0.5	7:21	0.5	6:09	7:28	
28	Thu	12:57	1.8	1:21	2.2	7:18	0.6	8:12	0.5	6:10	7:26	
29	Fri	1:47	1.7	2:09	2.2	8:03	0.7	9:04	0.6	6:11	7:25	
30	Sat	2:40	1.6	3:02	2.1	8:52	0.8	9:58	0.6	6:12	7:23	
31	Sun	3:39	1.6	4:03	2.0	9:46	0.8	10:53	0.6	6:13	7:21	