

































Montauk Harbor, NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:34	2.4	6:56	1.6	12:29	-0.1	1:34	-0.3	7:12	4:30	
2	Fri	7:27	2.4	7:49	1.7	1:27	-0.2	2:27	-0.4	7:12	4:30	
3	Sat	8:20	2.4	8:41	1.7	2:22	-0.2	3:16	-0.4	7:12	4:31	
4	Sun	9:12	2.4	9:34	1.8	3:15	-0.3	4:05	-0.4	7:12	4:32	
5	Mon	10:03	2.3	10:28	1.8	4:08	-0.2	4:54	-0.4	7:12	4:33	
6	Tue	10:55	2.1	11:24	1.8	5:03	-0.1	5:44	-0.3	7:12	4:34	
7	Wed	11:47	1.9			6:01	0.0	6:35	-0.2	7:12	4:35	
8	Thu	12:20	1.8	12:40	1.7	7:01	0.1	7:25	0.0	7:12	4:36	
9	Fri	1:15	1.8	1:33	1.5	8:02	0.2	8:16	0.1	7:12	4:37	
10	Sat	2:10	1.8	2:30	1.4	9:04	0.2	9:06	0.2	7:12	4:38	
11	Sun	3:08	1.8	3:33	1.3	10:05	0.2	9:59	0.3	7:11	4:39	
12	Mon	4:06	1.8	4:34	1.2	11:01	0.2	10:51	0.3	7:11	4:40	
13	Tue	5:00	1.8	5:26	1.3	11:53	0.2	11:41	0.3	7:11	4:41	
14	Wed	5:49	1.9	6:13	1.3			12:40	0.1	7:10	4:42	
15	Thu	6:34	1.9	6:57	1.4	12:29	0.3	1:23	0.1	7:10	4:44	
16	Fri	7:18	1.9	7:39	1.4	1:14	0.2	2:02	0.0	7:09	4:45	
17	Sat	8:00	2.0	8:21	1.5	1:56	0.1	2:40	-0.1	7:09	4:46	
18	Sun	8:39	2.0	9:01	1.6	2:35	0.1	3:16	-0.1	7:08	4:47	
19	Mon	9:16	2.0	9:41	1.6	3:14	0.0	3:52	-0.2	7:08	4:48	
20	Tue	9:53	2.0	10:21	1.6	3:54	0.0	4:30	-0.2	7:07	4:49	
21	Wed	10:29	1.9	11:02	1.7	4:37	0.0	5:10	-0.2	7:07	4:51	
22	Thu	11:08	1.8	11:46	1.8	5:26	0.0	5:52	-0.2	7:06	4:52	
23	Fri	11:50	1.7			6:21	0.0	6:37	-0.1	7:05	4:53	
24	Sat	12:31	1.8	12:37	1.6	7:18	0.0	7:25	-0.1	7:05	4:54	
25	Sun	1:20	1.9	1:30	1.5	8:18	0.0	8:16	0.0	7:04	4:55	
26	Mon	2:16	1.9	2:33	1.4	9:20	0.0	9:14	0.0	7:03	4:57	
27	Tue	3:22	2.0	3:45	1.4	10:23	-0.1	10:16	0.0	7:02	4:58	
28	Wed	4:29	2.0	4:52	1.4	11:24	-0.1	11:19	0.0	7:01	4:59	
29	Thu	5:30	2.1	5:50	1.5			12:23	-0.2	7:00	5:00	
30	Fri	6:26	2.2	6:44	1.6	12:20	-0.1	1:19	-0.3	6:59	5:02	
31	Sat	7:19	2.2	7:36	1.7	1:19	-0.2	2:10	-0.4	6:59	5:03	