





























Montauk, NY - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:04	2.1	2:39	2.3	8:48	0.4	9:29	0.7	5:19	8:24	
2	Wed	2:53	1.9	3:31	2.3	9:31	0.5	10:27	0.7	5:20	8:23	
3	Thu	3:45	1.7	4:24	2.4	10:13	0.7	11:23	0.7	5:20	8:23	
4	Fri	4:42	1.6	5:19	2.4	10:56	0.8			5:21	8:23	
5	Sat	5:41	1.6	6:10	2.4	12:14	0.7	11:41 AM	0.8	5:21	8:23	
6	Sun	6:33	1.6	6:57	2.5	1:01	0.7	12:27	0.9	5:22	8:22	
7	Mon	7:20	1.7	7:41	2.5	1:45	0.6	1:14	0.8	5:23	8:22	
8	Tue	8:05	1.7	8:25	2.6	2:29	0.5	2:03	0.8	5:23	8:22	
9	Wed	8:50	1.8	9:07	2.6	3:11	0.4	2:50	0.7	5:24	8:21	
10	Thu	9:33	1.9	9:48	2.7	3:52	0.3	3:35	0.6	5:25	8:21	
11	Fri	10:16	2.0	10:28	2.7	4:33	0.2	4:19	0.5	5:25	8:21	
12	Sat	11:00	2.0	11:07	2.7	5:13	0.1	5:04	0.5	5:26	8:20	
13	Sun	11:45	2.1	11:49	2.6	5:56	0.1	5:55	0.5	5:27	8:20	
14	Mon			12:33	2.3	6:40	0.2	6:53	0.5	5:28	8:19	
15	Tue	12:34	2.5	1:22	2.4	7:25	0.2	7:54	0.5	5:28	8:18	
16	Wed	1:22	2.3	2:11	2.6	8:12	0.2	8:55	0.5	5:29	8:18	
17	Thu	2:12	2.2	3:03	2.7	8:59	0.3	9:57	0.4	5:30	8:17	
18	Fri	3:06	2.0	3:59	2.8	9:50	0.3	10:58	0.4	5:31	8:16	
19	Sat	4:08	1.9	5:02	2.8	10:45	0.4	11:59	0.3	5:32	8:16	
20	Sun	5:16	1.9	6:02	2.9	11:44	0.4			5:33	8:15	
21	Mon	6:18	1.9	6:59	3.0	12:57	0.2	12:44	0.4	5:34	8:14	
22	Tue	7:15	2.0	7:52	3.0	1:54	0.1	1:44	0.3	5:34	8:13	
23	Wed	8:08	2.1	8:44	3.0	2:48	0.1	2:42	0.3	5:35	8:12	
24	Thu	9:01	2.2	9:33	3.0	3:39	0.0	3:36	0.3	5:36	8:12	
25	Fri	9:52	2.3	10:20	2.9	4:25	0.0	4:25	0.3	5:37	8:11	
26	Sat	10:42	2.4	11:06	2.7	5:08	0.0	5:13	0.3	5:38	8:10	
27	Sun	11:32	2.4	11:52	2.5	5:51	0.1	6:04	0.5	5:39	8:09	
28	Mon			12:22	2.5	6:34	0.3	6:58	0.6	5:40	8:08	
29	Tue	12:40	2.3	1:12	2.5	7:17	0.4	7:54	0.7	5:41	8:07	
30	Wed	1:28	2.1	2:02	2.5	7:59	0.6	8:50	0.7	5:42	8:06	
31	Thu	2:16	1.9	2:51	2.4	8:42	0.7	9:44	0.8	5:43	8:05	