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# Montauk, NY - Jan 2057

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 5:00 | 2.5 | 5:17 | 1.8 | 11:47 | -0.1 | 11:44 | -0.1 | 7:12 | 4:30 | |
| 2 | Tue | 5:52 | 2.7 | 6:11 | 1.9 | | | 12:44 | -0.3 | 7:12 | 4:31 | |
| 3 | Wed | 6:43 | 2.9 | 7:03 | 2.0 | 12:38 | -0.2 | 1:38 | -0.4 | 7:12 | 4:32 | |
| 4 | Thu | 7:34 | 3.0 | 7:55 | 2.0 | 1:33 | -0.3 | 2:30 | -0.5 | 7:12 | 4:33 | |
| 5 | Fri | 8:25 | 3.0 | 8:47 | 2.1 | 2:27 | -0.3 | 3:20 | -0.6 | 7:12 | 4:34 | |
| 6 | Sat | 9:16 | 2.9 | 9:40 | 2.1 | 3:19 | -0.3 | 4:08 | -0.5 | 7:12 | 4:35 | |
| 7 | Sun | 10:06 | 2.7 | 10:33 | 2.1 | 4:10 | -0.2 | 4:58 | -0.4 | 7:12 | 4:36 | |
| 8 | Mon | 10:58 | 2.5 | 11:29 | 2.0 | 5:04 | -0.1 | 5:50 | -0.3 | 7:12 | 4:37 | |
| 9 | Tue | 11:50 | 2.3 | | | 6:03 | 0.1 | 6:43 | -0.1 | 7:12 | 4:38 | |
| 10 | Wed | 12:26 | 2.0 | 12:43 | 2.0 | 7:05 | 0.2 | 7:36 | 0.0 | 7:11 | 4:39 | |
| 11 | Thu | 1:21 | 2.0 | 1:35 | 1.8 | 8:08 | 0.3 | 8:26 | 0.2 | 7:11 | 4:40 | |
| 12 | Fri | 2:17 | 1.9 | 2:29 | 1.6 | 9:10 | 0.4 | 9:15 | 0.3 | 7:11 | 4:41 | |
| 13 | Sat | 3:16 | 1.9 | 3:28 | 1.4 | 10:11 | 0.4 | 10:04 | 0.4 | 7:10 | 4:42 | |
| 14 | Sun | 4:15 | 2.0 | 4:28 | 1.3 | 11:06 | 0.4 | 10:51 | 0.5 | 7:10 | 4:43 | |
| 15 | Mon | 5:09 | 2.0 | 5:22 | 1.4 | 11:55 | 0.3 | 11:36 | 0.5 | 7:10 | 4:44 | |
| 16 | Tue | 5:57 | 2.1 | 6:09 | 1.4 | | | 12:40 | 0.2 | 7:09 | 4:45 | |
| 17 | Wed | 6:41 | 2.2 | 6:53 | 1.5 | 12:20 | 0.4 | 1:21 | 0.1 | 7:09 | 4:46 | |
| 18 | Thu | 7:23 | 2.2 | 7:36 | 1.6 | 1:03 | 0.3 | 2:01 | 0.0 | 7:08 | 4:48 | |
| 19 | Fri | 8:03 | 2.3 | 8:19 | 1.7 | 1:45 | 0.2 | 2:40 | -0.1 | 7:08 | 4:49 | |
| 20 | Sat | 8:43 | 2.3 | 9:00 | 1.7 | 2:26 | 0.2 | 3:18 | -0.2 | 7:07 | 4:50 | |
| 21 | Sun | 9:20 | 2.3 | 9:41 | 1.8 | 3:06 | 0.1 | 3:57 | -0.2 | 7:06 | 4:51 | |
| 22 | Mon | 9:57 | 2.3 | 10:23 | 1.8 | 3:47 | 0.1 | 4:38 | -0.2 | 7:06 | 4:52 | |
| 23 | Tue | 10:36 | 2.2 | 11:07 | 1.8 | 4:32 | 0.1 | 5:22 | -0.2 | 7:05 | 4:54 | |
| 24 | Wed | 11:16 | 2.1 | 11:54 | 1.9 | 5:24 | 0.1 | 6:08 | -0.1 | 7:04 | 4:55 | |
| 25 | Thu | | | 12:01 | 2.0 | 6:22 | 0.2 | 6:56 | -0.1 | 7:03 | 4:56 | |
| 26 | Fri | 12:44 | 2.0 | 12:50 | 1.9 | 7:24 | 0.2 | 7:45 | 0.0 | 7:03 | 4:57 | |
| 27 | Sat | 1:35 | 2.1 | 1:43 | 1.7 | 8:26 | 0.1 | 8:36 | 0.0 | 7:02 | 4:59 | |
| 28 | Sun | 2:32 | 2.2 | 2:44 | 1.6 | 9:29 | 0.1 | 9:31 | 0.0 | 7:01 | 5:00 | |
| 29 | Mon | 3:35 | 2.3 | 3:53 | 1.6 | 10:31 | 0.0 | 10:30 | 0.0 | 7:00 | 5:01 | |
| 30 | Tue | 4:39 | 2.4 | 4:59 | 1.6 | 11:31 | -0.1 | 11:29 | -0.1 | 6:59 | 5:02 | |
| 31 | Wed | 5:37 | 2.5 | 5:56 | 1.7 | | | 12:28 | -0.3 | 6:58 | 5:04 | |