

Moriches Inlet, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:17	3.4	5:32	-0.1	6:05	0.2	5:47	8:06	
2	Mon	12:34	3.1	1:16	3.3	6:25	0.0	7:05	0.3	5:48	8:05	
3	Tue	1:39	2.9	2:27	3.3	7:21	0.2	8:10	0.4	5:49	8:04	
4	Wed	2:58	2.8	3:39	3.4	8:22	0.3	9:18	0.4	5:50	8:03	
5	Thu	4:12	2.8	4:44	3.5	9:25	0.3	10:22	0.4	5:51	8:02	
6	Fri	5:15	2.9	5:41	3.6	10:26	0.3	11:23	0.4	5:52	8:00	
7	Sat	6:11	3.0	6:34	3.6	11:25	0.3			5:53	7:59	
8	Sun	7:02	3.1	7:22	3.7	12:19	0.3	12:21	0.2	5:54	7:58	
9	Mon	7:49	3.2	8:07	3.6	1:09	0.2	1:12	0.2	5:55	7:57	
10	Tue	8:33	3.2	8:49	3.6	1:51	0.1	1:57	0.2	5:56	7:55	
11	Wed	9:15	3.2	9:30	3.4	2:29	0.1	2:39	0.2	5:57	7:54	
12	Thu	9:56	3.2	10:10	3.3	3:05	0.1	3:18	0.3	5:58	7:53	
13	Fri	10:37	3.2	10:49	3.1	3:41	0.2	3:58	0.3	5:59	7:51	
14	Sat	11:16	3.1	11:27	2.9	4:19	0.3	4:41	0.5	6:00	7:50	
15	Sun	11:55	3.0			4:58	0.4	5:25	0.6	6:01	7:49	
16	Mon	12:05	2.7	12:36	2.9	5:41	0.5	6:13	0.7	6:02	7:47	
17	Tue	12:46	2.6	1:23	2.8	6:26	0.6	7:05	0.8	6:03	7:46	
18	Wed	1:39	2.5	2:26	2.8	7:16	0.7	8:02	0.8	6:04	7:44	
19	Thu	2:56	2.4	3:35	2.9	8:11	0.7	9:01	0.8	6:05	7:43	
20	Fri	4:07	2.5	4:32	3.0	9:09	0.7	9:57	0.7	6:06	7:42	
21	Sat	5:01	2.6	5:21	3.1	10:04	0.6	10:51	0.6	6:07	7:40	
22	Sun	5:48	2.8	6:05	3.3	10:58	0.5	11:42	0.4	6:08	7:39	
23	Mon	6:31	3.0	6:47	3.5	11:52	0.3			6:09	7:37	
24	Tue	7:12	3.2	7:29	3.6	12:31	0.2	12:44	0.1	6:10	7:36	
25	Wed	7:53	3.4	8:11	3.7	1:18	0.0	1:34	-0.1	6:11	7:34	
26	Thu	8:35	3.6	8:54	3.7	2:03	-0.2	2:22	-0.2	6:12	7:32	
27	Fri	9:20	3.7	9:41	3.6	2:47	-0.2	3:10	-0.2	6:13	7:31	
28	Sat	10:09	3.7	10:31	3.5	3:32	-0.2	4:00	-0.1	6:14	7:29	
29	Sun	11:02	3.7	11:26	3.3	4:19	-0.2	4:52	0.0	6:15	7:28	
30	Mon	11:58	3.6			5:09	0.0	5:48	0.2	6:16	7:26	
31	Tue	12:24	3.1	1:00	3.5	6:03	0.2	6:48	0.4	6:17	7:25	