

## Mount Sinai, NY - Dec 1968

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 8:38  | 6.3 | 9:06  | 5.6 | 2:38  | 0.5  | 3:20  | 0.1  | 6:57                                                                                | 4:24 |    |
| 2    | Mon | 9:20  | 6.4 | 9:50  | 5.6 | 3:22  | 0.5  | 4:03  | 0.0  | 6:58                                                                                | 4:24 |    |
| 3    | Tue | 9:59  | 6.4 | 10:30 | 5.6 | 4:03  | 0.5  | 4:43  | 0.0  | 6:59                                                                                | 4:24 |    |
| 4    | Wed | 10:37 | 6.3 | 11:10 | 5.6 | 4:43  | 0.6  | 5:21  | 0.0  | 7:00                                                                                | 4:24 |    |
| 5    | Thu | 11:15 | 6.2 | 11:48 | 5.5 | 5:22  | 0.6  | 5:59  | 0.1  | 7:01                                                                                | 4:24 |    |
| 6    | Fri | 11:52 | 6.1 |       |     | 6:00  | 0.7  | 6:37  | 0.1  | 7:02                                                                                | 4:24 |    |
| 7    | Sat | 12:28 | 5.5 | 12:32 | 6.0 | 6:39  | 0.7  | 7:15  | 0.2  | 7:03                                                                                | 4:24 |    |
| 8    | Sun | 1:08  | 5.4 | 1:12  | 5.9 | 7:19  | 0.8  | 7:55  | 0.3  | 7:04                                                                                | 4:24 |    |
| 9    | Mon | 1:50  | 5.4 | 1:55  | 5.8 | 8:02  | 0.8  | 8:38  | 0.4  | 7:05                                                                                | 4:24 |    |
| 10   | Tue | 2:33  | 5.3 | 2:40  | 5.7 | 8:49  | 0.9  | 9:22  | 0.4  | 7:06                                                                                | 4:24 |    |
| 11   | Wed | 3:18  | 5.4 | 3:29  | 5.6 | 9:39  | 0.9  | 10:09 | 0.4  | 7:07                                                                                | 4:24 |    |
| 12   | Thu | 4:07  | 5.5 | 4:21  | 5.5 | 10:34 | 0.8  | 10:59 | 0.4  | 7:07                                                                                | 4:24 |   |
| 13   | Fri | 4:57  | 5.7 | 5:18  | 5.4 | 11:32 | 0.6  | 11:51 | 0.4  | 7:08                                                                                | 4:24 |  |
| 14   | Sat | 5:50  | 6.0 | 6:16  | 5.5 |       |      | 12:30 | 0.4  | 7:09                                                                                | 4:24 |  |
| 15   | Sun | 6:44  | 6.3 | 7:15  | 5.6 | 12:44 | 0.3  | 1:28  | 0.1  | 7:10                                                                                | 4:25 |  |
| 16   | Mon | 7:38  | 6.6 | 8:11  | 5.7 | 1:37  | 0.1  | 2:25  | -0.3 | 7:10                                                                                | 4:25 |  |
| 17   | Tue | 8:31  | 6.9 | 9:06  | 5.9 | 2:31  | 0.0  | 3:19  | -0.6 | 7:11                                                                                | 4:25 |  |
| 18   | Wed | 9:24  | 7.2 | 9:59  | 6.0 | 3:25  | -0.2 | 4:13  | -0.8 | 7:12                                                                                | 4:26 |  |
| 19   | Thu | 10:16 | 7.3 | 10:52 | 6.1 | 4:19  | -0.3 | 5:06  | -0.9 | 7:12                                                                                | 4:26 |  |
| 20   | Fri | 11:10 | 7.2 | 11:45 | 6.1 | 5:13  | -0.4 | 5:59  | -0.8 | 7:13                                                                                | 4:26 |  |
| 21   | Sat |       |     | 12:04 | 7.1 | 6:07  | -0.4 | 6:51  | -0.7 | 7:13                                                                                | 4:27 |  |
| 22   | Sun | 12:40 | 6.0 | 12:59 | 6.8 | 7:03  | -0.3 | 7:45  | -0.6 | 7:14                                                                                | 4:27 |  |
| 23   | Mon | 1:35  | 6.0 | 1:55  | 6.5 | 8:01  | -0.1 | 8:39  | -0.3 | 7:14                                                                                | 4:28 |  |
| 24   | Tue | 2:32  | 5.9 | 2:53  | 6.1 | 9:01  | 0.1  | 9:33  | -0.1 | 7:15                                                                                | 4:28 |  |
| 25   | Wed | 3:29  | 5.9 | 3:51  | 5.7 | 10:02 | 0.3  | 10:29 | 0.1  | 7:15                                                                                | 4:29 |  |
| 26   | Thu | 4:27  | 5.8 | 4:51  | 5.4 | 11:05 | 0.4  | 11:24 | 0.3  | 7:15                                                                                | 4:30 |  |
| 27   | Fri | 5:25  | 5.8 | 5:52  | 5.2 |       |      | 12:07 | 0.5  | 7:16                                                                                | 4:30 |  |
| 28   | Sat | 6:22  | 5.8 | 6:52  | 5.0 | 12:19 | 0.5  | 1:06  | 0.4  | 7:16                                                                                | 4:31 |  |
| 29   | Sun | 7:16  | 5.8 | 7:48  | 5.0 | 1:12  | 0.6  | 2:01  | 0.3  | 7:16                                                                                | 4:32 |  |
| 30   | Mon | 8:06  | 5.9 | 8:39  | 5.1 | 2:04  | 0.6  | 2:52  | 0.2  | 7:16                                                                                | 4:33 |  |
| 31   | Tue | 8:53  | 5.9 | 9:21  | 5.2 | 2:52  | 0.6  | 3:37  | 0.1  | 7:16                                                                                | 4:33 |  |