

Mount Sinai, NY - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:07	5.3	4:21	5.3	10:31	1.1	10:58	0.8	6:57	4:24	
2	Tue	4:57	5.4	5:15	5.3	11:26	1.0	11:48	0.8	6:58	4:24	
3	Wed	5:48	5.6	6:10	5.2			12:21	0.8	6:59	4:24	
4	Thu	6:37	5.8	7:04	5.3	12:37	0.7	1:15	0.6	7:00	4:24	
5	Fri	7:25	6.1	7:55	5.4	1:25	0.6	2:07	0.3	7:01	4:24	
6	Sat	8:12	6.4	8:45	5.6	2:13	0.5	2:57	0.0	7:02	4:24	
7	Sun	8:59	6.7	9:33	5.8	3:01	0.3	3:45	-0.3	7:03	4:24	
8	Mon	9:46	6.9	10:21	5.9	3:49	0.1	4:34	-0.5	7:04	4:24	
9	Tue	10:34	7.1	11:10	6.0	4:38	0.0	5:23	-0.6	7:05	4:24	
10	Wed	11:25	7.1			5:29	-0.1	6:14	-0.6	7:06	4:24	
11	Thu	12:01	6.0	12:18	7.0	6:21	-0.1	7:06	-0.5	7:06	4:24	
12	Fri	12:55	6.0	1:13	6.8	7:17	-0.1	8:00	-0.4	7:07	4:24	
13	Sat	1:51	6.0	2:11	6.5	8:16	0.1	8:56	-0.3	7:08	4:24	
14	Sun	2:50	6.0	3:11	6.2	9:19	0.2	9:54	-0.1	7:09	4:24	
15	Mon	3:50	6.0	4:13	5.9	10:25	0.3	10:52	0.0	7:09	4:24	
16	Tue	4:51	6.0	5:17	5.6	11:31	0.3	11:51	0.1	7:10	4:25	
17	Wed	5:52	6.1	6:21	5.5			12:35	0.2	7:11	4:25	
18	Thu	6:51	6.2	7:22	5.4	12:48	0.2	1:36	0.1	7:11	4:25	
19	Fri	7:47	6.3	8:18	5.4	1:43	0.3	2:32	0.0	7:12	4:26	
20	Sat	8:37	6.4	9:09	5.5	2:35	0.3	3:23	-0.1	7:13	4:26	
21	Sun	9:23	6.4	9:55	5.5	3:24	0.3	4:09	-0.2	7:13	4:27	
22	Mon	10:06	6.3	10:38	5.5	4:10	0.4	4:52	-0.2	7:14	4:27	
23	Tue	10:47	6.2	11:18	5.5	4:52	0.4	5:31	-0.1	7:14	4:28	
24	Wed	11:27	6.1	11:58	5.5	5:33	0.4	6:10	-0.1	7:14	4:28	
25	Thu			12:06	6.0	6:13	0.4	6:48	0.0	7:15	4:29	
26	Fri	12:38	5.5	12:46	5.9	6:53	0.5	7:26	0.1	7:15	4:30	
27	Sat	1:18	5.4	1:26	5.8	7:33	0.5	8:04	0.2	7:15	4:30	
28	Sun	1:59	5.4	2:08	5.6	8:16	0.6	8:43	0.3	7:16	4:31	
29	Mon	2:40	5.4	2:51	5.5	9:01	0.6	9:25	0.4	7:16	4:32	
30	Tue	3:23	5.5	3:37	5.3	9:49	0.7	10:08	0.4	7:16	4:32	
31	Wed	4:08	5.5	4:27	5.1	10:41	0.6	10:53	0.6	7:16	4:33	