

Mount Sinai, NY - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:35	5.8	5:17	5.0	11:30	0.4	11:42	0.7	6:26	5:42	
2	Mon	5:42	5.8	6:25	5.0			12:37	0.4	6:24	5:43	
3	Tue	6:52	6.0	7:32	5.3	12:51	0.5	1:43	0.2	6:23	5:45	
4	Wed	7:58	6.2	8:32	5.7	1:58	0.2	2:43	-0.1	6:21	5:46	
5	Thu	8:57	6.6	9:27	6.2	2:59	-0.1	3:38	-0.4	6:20	5:47	
6	Fri	9:51	6.8	10:18	6.6	3:57	-0.5	4:28	-0.7	6:18	5:48	
7	Sat	10:42	6.9	11:07	6.9	4:50	-0.8	5:16	-0.8	6:17	5:49	
8	Sun	11:32	6.8	11:54	7.0	5:41	-1.0	6:02	-0.8	6:15	5:50	
9	Mon			12:20	6.7	6:31	-0.9	6:48	-0.7	6:13	5:51	
10	Tue	12:42	7.0	1:09	6.4	7:21	-0.8	7:34	-0.4	6:12	5:52	
11	Wed	1:29	6.8	1:59	6.0	8:10	-0.5	8:21	-0.1	6:10	5:53	
12	Thu	2:18	6.5	2:51	5.7	9:02	-0.1	9:12	0.3	6:08	5:55	
13	Fri	3:09	6.1	3:45	5.3	9:56	0.2	10:07	0.7	6:07	5:56	
14	Sat	4:04	5.7	4:43	5.1	10:54	0.6	11:06	0.9	6:05	5:57	
15	Sun	5:05	5.4	5:44	5.0	11:55	0.8			6:03	5:58	
16	Mon	6:09	5.3	6:46	5.0	12:08	1.0	12:55	0.9	6:02	5:59	
17	Tue	7:12	5.3	7:43	5.2	1:09	1.0	1:51	0.8	6:00	6:00	
18	Wed	8:07	5.4	8:33	5.4	2:06	0.8	2:41	0.7	5:59	6:01	
19	Thu	8:55	5.6	9:16	5.6	2:56	0.6	3:25	0.5	5:57	6:02	
20	Fri	9:37	5.8	9:55	5.9	3:41	0.4	4:04	0.4	5:55	6:03	
21	Sat	10:15	5.9	10:31	6.1	4:22	0.2	4:41	0.2	5:53	6:04	
22	Sun	10:52	5.9	11:06	6.2	5:00	0.0	5:16	0.2	5:52	6:05	
23	Mon	11:28	6.0	11:40	6.3	5:38	-0.1	5:50	0.2	5:50	6:06	
24	Tue			12:05	5.9	6:15	-0.2	6:25	0.2	5:48	6:08	
25	Wed	12:15	6.4	12:43	5.8	6:53	-0.2	7:01	0.3	5:47	6:09	
26	Thu	12:53	6.4	1:24	5.7	7:33	-0.1	7:41	0.4	5:45	6:10	
27	Fri	1:34	6.3	2:09	5.6	8:17	0.0	8:26	0.6	5:43	6:11	
28	Sat	2:21	6.2	3:00	5.4	9:08	0.2	9:19	0.7	5:42	6:12	
29	Sun	3:15	6.1	3:57	5.3	10:06	0.4	10:21	0.8	5:40	6:13	
30	Mon	4:18	5.9	5:01	5.3	11:11	0.5	11:30	0.8	5:38	6:14	
31	Tue	5:27	5.9	6:09	5.4			12:18	0.5	5:37	6:15	