US HARBORS www.USHarbors.com

Mount Sinai, NY - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:30	5.8	10:42	6.6	4:43	0.2	4:45	0.8	5:23	8:28	
2	Thu	11:17	5.9	11:27	6.6	5:30	0.2	5:33	0.8	5:24	8:28	
3	Fri			12:01	5.9	6:13	0.2	6:17	0.8	5:24	8:27	
4	Sat	12:10	6.5	12:43	5.9	6:54	0.2	6:59	0.8	5:25	8:27	
5	Sun	12:51	6.4	1:24	5.9	7:33	0.3	7:41	0.8	5:25	8:27	
6	Mon	1:32	6.3	2:04	6.0	8:11	0.4	8:22	0.9	5:26	8:27	
7	Tue	2:13	6.1	2:44	6.0	8:48	0.5	9:04	0.9	5:27	8:26	
8	Wed	2:54	6.0	3:24	6.0	9:26	0.6	9:47	1.0	5:27	8:26	
9	Thu	3:36	5.8	4:05	6.0	10:05	0.7	10:33	1.0	5:28	8:26	
10	Fri	4:20	5.6	4:47	6.0	10:46	0.9	11:22	1.0	5:29	8:25	
11	Sat	5:08	5.4	5:32	6.1	11:30	1.0			5:29	8:25	
12	Sun	6:00	5.3	6:21	6.1	12:14	1.0	12:19	1.1	5:30	8:24	
13	Mon	6:56	5.2	7:14	6.2	1:09	0.9	1:12	1.2	5:31	8:24	
14	Tue	7:54	5.2	8:10	6.3	2:06	0.8	2:08	1.1	5:32	8:23	
15	Wed	8:52	5.4	9:06	6.6	3:03	0.6	3:06	1.0	5:32	8:23	
16	Thu	9:47	5.6	10:01	6.8	3:58	0.3	4:03	0.8	5:33	8:22	
17	Fri	10:40	5.9	10:55	7.1	4:52	0.1	4:58	0.5	5:34	8:22	
18	Sat	11:31	6.2	11:47	7.2	5:44	-0.2	5:53	0.2	5:35	8:21	
19	Sun			12:23	6.5	6:34	-0.3	6:47	0.0	5:36	8:20	
20	Mon	12:40	7.3	1:14	6.7	7:23	-0.5	7:41	-0.1	5:36	8:19	
21	Tue	1:33	7.2	2:06	6.9	8:13	-0.5	8:36	-0.1	5:37	8:19	
22	Wed	2:26	7.0	2:59	7.0	9:02	-0.4	9:33	0.0	5:38	8:18	
23	Thu	3:21	6.7	3:52	7.0	9:53	-0.2	10:31	0.1	5:39	8:17	
24	Fri	4:17	6.4	4:47	6.9	10:46	0.1	11:31	0.3	5:40	8:16	
25	Sat	5:15	6.0	5:44	6.8	11:42	0.4			5:41	8:15	
26	Sun	6:16	5.7	6:43	6.6	12:33	0.4	12:40	0.6	5:42	8:14	
27	Mon	7:19	5.6	7:43	6.5	1:35	0.5	1:39	0.9	5:43	8:13	
28	Tue	8:22	5.5	8:42	6.4	2:35	0.5	2:39	1.0	5:44	8:13	
29	Wed	9:20	5.6	9:37	6.4	3:32	0.5	3:36	1.0	5:45	8:12	
30	Thu	10:11	5.7	10:26	6.4	4:24	0.5	4:28	0.9	5:46	8:11	
31	Fri	10:57	5.8	11:10	6.4	5:10	0.4	5:15	0.8	5:46	8:09	