

Mount Sinai, NY - Mar 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:55	6.0	5:35	5.3	11:47	0.2			7:26	6:42	
2	Sat	5:58	5.9	6:40	5.3	12:00	0.4	12:52	0.3	7:24	6:43	
3	Sun	7:06	6.0	7:47	5.5	1:08	0.4	1:59	0.2	7:23	6:45	
4	Mon	8:14	6.2	8:50	5.8	2:15	0.2	3:01	-0.1	7:21	6:46	
5	Tue	9:17	6.4	9:49	6.2	3:19	-0.1	3:59	-0.4	7:20	6:47	
6	Wed	10:14	6.7	10:42	6.6	4:18	-0.5	4:52	-0.6	7:18	6:48	
7	Thu	11:06	6.8	11:32	6.9	5:13	-0.8	5:42	-0.8	7:16	6:49	
8	Fri	11:56	6.8			6:05	-0.9	6:29	-0.8	7:15	6:50	
9	Sat	12:20	7.0	12:45	6.7	6:55	-1.0	7:15	-0.7	7:13	6:51	
10	Sun	1:06	7.0	1:33	6.5	7:43	-0.9	8:00	-0.5	7:12	6:52	
11	Mon	1:53	6.8	2:21	6.2	8:31	-0.6	8:46	-0.2	7:10	6:54	
12	Tue	2:40	6.6	3:09	5.9	9:19	-0.3	9:34	0.1	7:08	6:55	
13	Wed	3:28	6.3	4:00	5.6	10:09	0.0	10:24	0.4	7:07	6:56	
14	Thu	4:19	5.9	4:52	5.3	11:02	0.4	11:18	0.7	7:05	6:57	
15	Fri	5:14	5.6	5:49	5.1	11:58	0.6			7:03	6:58	
16	Sat	6:12	5.4	6:48	5.1	12:16	0.9	12:55	0.8	7:02	6:59	
17	Sun	7:13	5.3	7:47	5.1	1:15	0.9	1:53	0.8	7:00	7:00	
18	Mon	8:12	5.4	8:41	5.3	2:13	0.9	2:46	0.7	6:58	7:01	
19	Tue	9:05	5.5	9:30	5.6	3:07	0.7	3:35	0.6	6:57	7:02	
20	Wed	9:52	5.7	10:13	5.8	3:56	0.4	4:19	0.4	6:55	7:03	
21	Thu	10:35	5.9	10:52	6.0	4:41	0.2	4:59	0.3	6:53	7:04	
22	Fri	11:14	6.0	11:29	6.2	5:22	0.0	5:38	0.1	6:52	7:05	
23	Sat	11:52	6.1			6:02	-0.2	6:15	0.1	6:50	7:07	
24	Sun	12:05	6.4	12:31	6.1	6:41	-0.3	6:52	0.0	6:48	7:08	
25	Mon	12:42	6.5	1:10	6.1	7:20	-0.3	7:30	0.0	6:47	7:09	
26	Tue	1:20	6.6	1:52	6.1	8:02	-0.3	8:11	0.1	6:45	7:10	
27	Wed	2:02	6.6	2:37	6.0	8:46	-0.2	8:55	0.2	6:43	7:11	
28	Thu	2:49	6.5	3:26	5.9	9:35	-0.1	9:46	0.3	6:42	7:12	
29	Fri	3:41	6.4	4:20	5.7	10:29	0.1	10:44	0.4	6:40	7:13	
30	Sat	4:39	6.2	5:20	5.6	11:30	0.2	11:49	0.5	6:38	7:14	
31	Sun	5:43	6.1	6:25	5.7			12:35	0.3	6:37	7:15	