

Mount Sinai, NY - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:16	7.1	2:44	6.5	8:55	-0.9	9:13	-0.6	7:26	6:42	
2	Sun	3:09	6.8	3:38	6.1	9:49	-0.6	10:07	-0.3	7:25	6:43	
3	Mon	4:03	6.5	4:35	5.7	10:47	-0.2	11:04	0.1	7:23	6:44	
4	Tue	5:01	6.1	5:35	5.4	11:47	0.1			7:22	6:45	
5	Wed	6:02	5.8	6:38	5.3	12:05	0.4	12:49	0.4	7:20	6:47	
6	Thu	7:07	5.6	7:42	5.2	1:08	0.6	1:51	0.5	7:18	6:48	
7	Fri	8:10	5.6	8:41	5.3	2:10	0.6	2:49	0.5	7:17	6:49	
8	Sat	9:06	5.7	9:33	5.5	3:08	0.5	3:41	0.4	7:15	6:50	
9	Sun	9:55	5.8	10:18	5.7	3:59	0.3	4:26	0.3	7:14	6:51	
10	Mon	10:39	5.9	10:58	5.9	4:45	0.2	5:07	0.2	7:12	6:52	
11	Tue	11:18	6.0	11:36	6.1	5:26	0.0	5:45	0.1	7:10	6:53	
12	Wed	11:56	6.0			6:05	-0.1	6:20	0.1	7:09	6:54	
13	Thu	12:11	6.1	12:33	6.0	6:42	-0.2	6:55	0.1	7:07	6:55	
14	Fri	12:46	6.2	1:09	6.0	7:19	-0.2	7:30	0.1	7:05	6:57	
15	Sat	1:20	6.2	1:46	5.9	7:55	-0.1	8:05	0.2	7:04	6:58	
16	Sun	1:56	6.1	2:25	5.8	8:33	0.0	8:42	0.3	7:02	6:59	
17	Mon	2:34	6.1	3:06	5.7	9:14	0.1	9:23	0.4	7:01	7:00	
18	Tue	3:16	6.0	3:51	5.5	9:59	0.2	10:10	0.5	6:59	7:01	
19	Wed	4:04	5.9	4:42	5.4	10:50	0.3	11:04	0.6	6:57	7:02	
20	Thu	4:58	5.9	5:39	5.4	11:48	0.4			6:56	7:03	
21	Fri	6:00	5.9	6:41	5.5	12:05	0.6	12:51	0.4	6:54	7:04	
22	Sat	7:06	6.0	7:44	5.7	1:10	0.5	1:53	0.2	6:52	7:05	
23	Sun	8:11	6.2	8:45	6.1	2:15	0.2	2:53	0.0	6:51	7:06	
24	Mon	9:11	6.5	9:41	6.5	3:16	-0.2	3:49	-0.3	6:49	7:07	
25	Tue	10:07	6.7	10:33	7.0	4:14	-0.5	4:42	-0.6	6:47	7:08	
26	Wed	11:00	6.9	11:23	7.3	5:09	-0.9	5:32	-0.8	6:45	7:09	
27	Thu	11:51	7.0			6:01	-1.1	6:21	-0.8	6:44	7:11	
28	Fri	12:13	7.4	12:42	6.9	6:52	-1.1	7:10	-0.7	6:42	7:12	
29	Sat	1:02	7.4	1:32	6.7	7:43	-1.0	7:59	-0.5	6:40	7:13	
30	Sun	1:52	7.2	2:23	6.4	8:33	-0.8	8:49	-0.2	6:39	7:14	
31	Mon	2:43	6.9	3:16	6.1	9:25	-0.4	9:42	0.1	6:37	7:15	