

Mount Sinai, NY - Jun 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:12	5.6	5:43	5.9	11:43	0.8			5:22	8:17	
2	Mon	6:06	5.5	6:34	5.9	12:19	1.0	12:33	1.0	5:21	8:18	
3	Tue	7:01	5.4	7:25	6.0	1:13	1.0	1:23	1.0	5:21	8:18	
4	Wed	7:56	5.4	8:15	6.1	2:06	0.9	2:13	1.0	5:21	8:19	
5	Thu	8:48	5.5	9:02	6.3	2:57	0.7	3:02	1.0	5:20	8:20	
6	Fri	9:37	5.6	9:47	6.4	3:46	0.5	3:50	0.9	5:20	8:20	
7	Sat	10:22	5.8	10:31	6.6	4:32	0.3	4:36	0.8	5:20	8:21	
8	Sun	11:06	5.9	11:13	6.7	5:17	0.1	5:21	0.6	5:20	8:22	
9	Mon	11:50	6.1	11:57	6.9	6:00	-0.1	6:06	0.5	5:19	8:22	
10	Tue			12:34	6.2	6:44	-0.2	6:52	0.4	5:19	8:23	
11	Wed	12:42	6.9	1:19	6.4	7:29	-0.3	7:39	0.3	5:19	8:23	
12	Thu	1:30	6.9	2:07	6.5	8:15	-0.3	8:30	0.2	5:19	8:24	
13	Fri	2:20	6.9	2:57	6.6	9:03	-0.3	9:23	0.2	5:19	8:24	
14	Sat	3:12	6.8	3:49	6.7	9:54	-0.2	10:20	0.2	5:19	8:25	
15	Sun	4:07	6.6	4:44	6.7	10:47	-0.1	11:20	0.3	5:19	8:25	
16	Mon	5:06	6.3	5:41	6.8	11:43	0.1			5:19	8:25	
17	Tue	6:07	6.1	6:40	6.8	12:23	0.3	12:41	0.2	5:19	8:26	
18	Wed	7:11	6.0	7:40	6.9	1:25	0.2	1:40	0.3	5:19	8:26	
19	Thu	8:14	6.0	8:39	7.0	2:27	0.1	2:39	0.3	5:19	8:27	
20	Fri	9:14	6.0	9:34	7.0	3:26	0.0	3:36	0.3	5:19	8:27	
21	Sat	10:09	6.1	10:26	7.1	4:21	-0.1	4:30	0.3	5:20	8:27	
22	Sun	11:01	6.2	11:15	7.0	5:13	-0.2	5:22	0.3	5:20	8:27	
23	Mon	11:49	6.2			6:01	-0.2	6:10	0.4	5:20	8:27	
24	Tue	12:02	6.9	12:35	6.3	6:45	-0.1	6:56	0.4	5:20	8:28	
25	Wed	12:47	6.7	1:19	6.2	7:28	0.0	7:41	0.5	5:21	8:28	
26	Thu	1:31	6.6	2:03	6.2	8:10	0.1	8:26	0.6	5:21	8:28	
27	Fri	2:15	6.4	2:46	6.2	8:50	0.3	9:11	0.7	5:21	8:28	
28	Sat	2:59	6.1	3:29	6.1	9:31	0.4	9:57	0.8	5:22	8:28	
29	Sun	3:45	5.9	4:13	6.1	10:14	0.6	10:45	0.9	5:22	8:28	
30	Mon	4:32	5.7	4:58	6.0	10:58	0.8	11:35	1.0	5:23	8:28	