

## Mount Sinai, NY - Jul 1975

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Tue | 5:21  | 5.5 | 5:46  | 6.0 | 11:45 | 0.9  |       |      | 5:23                                                                                | 8:28 |    |
| 2    | Wed | 6:14  | 5.4 | 6:36  | 6.0 | 12:28 | 1.0  | 12:34 | 1.1  | 5:24                                                                                | 8:28 |    |
| 3    | Thu | 7:09  | 5.3 | 7:28  | 6.1 | 1:21  | 0.9  | 1:26  | 1.1  | 5:24                                                                                | 8:27 |    |
| 4    | Fri | 8:04  | 5.4 | 8:19  | 6.2 | 2:15  | 0.8  | 2:19  | 1.1  | 5:25                                                                                | 8:27 |    |
| 5    | Sat | 8:57  | 5.5 | 9:10  | 6.4 | 3:07  | 0.6  | 3:11  | 0.9  | 5:25                                                                                | 8:27 |    |
| 6    | Sun | 9:48  | 5.7 | 9:59  | 6.6 | 3:58  | 0.4  | 4:02  | 0.8  | 5:26                                                                                | 8:27 |    |
| 7    | Mon | 10:35 | 6.0 | 10:47 | 6.9 | 4:47  | 0.2  | 4:52  | 0.5  | 5:26                                                                                | 8:26 |    |
| 8    | Tue | 11:22 | 6.2 | 11:34 | 7.1 | 5:34  | -0.1 | 5:41  | 0.3  | 5:27                                                                                | 8:26 |    |
| 9    | Wed |       |     | 12:09 | 6.5 | 6:20  | -0.3 | 6:31  | 0.1  | 5:28                                                                                | 8:26 |    |
| 10   | Thu | 12:22 | 7.2 | 12:57 | 6.7 | 7:07  | -0.4 | 7:21  | 0.0  | 5:28                                                                                | 8:25 |    |
| 11   | Fri | 1:12  | 7.2 | 1:46  | 6.9 | 7:54  | -0.5 | 8:13  | -0.1 | 5:29                                                                                | 8:25 |    |
| 12   | Sat | 2:03  | 7.1 | 2:37  | 7.0 | 8:42  | -0.5 | 9:07  | -0.1 | 5:30                                                                                | 8:24 |   |
| 13   | Sun | 2:56  | 6.9 | 3:29  | 7.1 | 9:33  | -0.4 | 10:04 | 0.0  | 5:31                                                                                | 8:24 |  |
| 14   | Mon | 3:51  | 6.7 | 4:23  | 7.1 | 10:25 | -0.2 | 11:03 | 0.1  | 5:31                                                                                | 8:23 |  |
| 15   | Tue | 4:48  | 6.4 | 5:20  | 7.0 | 11:21 | 0.0  |       |      | 5:32                                                                                | 8:23 |  |
| 16   | Wed | 5:49  | 6.1 | 6:20  | 6.9 | 12:05 | 0.2  | 12:20 | 0.3  | 5:33                                                                                | 8:22 |  |
| 17   | Thu | 6:52  | 5.9 | 7:21  | 6.8 | 1:08  | 0.3  | 1:20  | 0.4  | 5:34                                                                                | 8:22 |  |
| 18   | Fri | 7:57  | 5.8 | 8:22  | 6.8 | 2:10  | 0.3  | 2:21  | 0.5  | 5:35                                                                                | 8:21 |  |
| 19   | Sat | 8:58  | 5.9 | 9:19  | 6.7 | 3:10  | 0.2  | 3:20  | 0.6  | 5:35                                                                                | 8:20 |  |
| 20   | Sun | 9:54  | 6.0 | 10:12 | 6.8 | 4:05  | 0.2  | 4:15  | 0.5  | 5:36                                                                                | 8:20 |  |
| 21   | Mon | 10:45 | 6.1 | 11:00 | 6.7 | 4:56  | 0.1  | 5:06  | 0.5  | 5:37                                                                                | 8:19 |  |
| 22   | Tue | 11:31 | 6.2 | 11:44 | 6.7 | 5:42  | 0.1  | 5:53  | 0.5  | 5:38                                                                                | 8:18 |  |
| 23   | Wed |       |     | 12:13 | 6.3 | 6:24  | 0.1  | 6:37  | 0.5  | 5:39                                                                                | 8:17 |  |
| 24   | Thu | 12:26 | 6.6 | 12:54 | 6.3 | 7:03  | 0.1  | 7:18  | 0.5  | 5:40                                                                                | 8:16 |  |
| 25   | Fri | 1:07  | 6.5 | 1:34  | 6.3 | 7:41  | 0.2  | 7:59  | 0.6  | 5:41                                                                                | 8:16 |  |
| 26   | Sat | 1:47  | 6.3 | 2:13  | 6.3 | 8:18  | 0.3  | 8:40  | 0.6  | 5:42                                                                                | 8:15 |  |
| 27   | Sun | 2:28  | 6.2 | 2:52  | 6.3 | 8:55  | 0.5  | 9:22  | 0.7  | 5:43                                                                                | 8:14 |  |
| 28   | Mon | 3:10  | 6.0 | 3:33  | 6.2 | 9:34  | 0.6  | 10:06 | 0.8  | 5:43                                                                                | 8:13 |  |
| 29   | Tue | 3:54  | 5.8 | 4:15  | 6.2 | 10:15 | 0.8  | 10:52 | 0.9  | 5:44                                                                                | 8:12 |  |
| 30   | Wed | 4:40  | 5.6 | 5:00  | 6.1 | 11:00 | 1.0  | 11:43 | 1.0  | 5:45                                                                                | 8:11 |  |
| 31   | Thu | 5:30  | 5.4 | 5:49  | 6.0 | 11:49 | 1.1  |       |      | 5:46                                                                                | 8:10 |  |