US HARBORS www.USHarbors.com

Mount Sinai, NY - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:01	6.4	1:35	6.0	7:42	0.0	7:50	0.6	5:49	7:48	
2	Sun	1:39	6.3	2:15	5.9	8:21	0.1	8:30	0.7	5:48	7:49	
3	Mon	2:19	6.3	2:56	5.9	9:01	0.2	9:13	0.7	5:47	7:50	
4	Tue	3:02	6.2	3:41	5.9	9:45	0.3	10:00	0.8	5:45	7:51	
5	Wed	3:50	6.1	4:29	5.9	10:33	0.4	10:53	0.8	5:44	7:52	
6	Thu	4:42	6.1	5:21	6.0	11:26	0.4	11:52	0.7	5:43	7:54	
7	Fri	5:40	6.0	6:18	6.1			12:22	0.4	5:42	7:55	
8	Sat	6:41	6.0	7:16	6.4	12:53	0.5	1:20	0.3	5:41	7:56	
9	Sun	7:44	6.1	8:14	6.7	1:55	0.3	2:17	0.2	5:40	7:57	
10	Mon	8:44	6.3	9:09	7.1	2:54	-0.1	3:13	0.0	5:38	7:58	
11	Tue	9:41	6.5	10:03	7.4	3:52	-0.4	4:08	-0.2	5:37	7:59	
12	Wed	10:36	6.7	10:55	7.6	4:47	-0.7	5:01	-0.3	5:36	8:00	
13	Thu	11:29	6.8	11:47	7.6	5:41	-0.8	5:54	-0.3	5:35	8:01	
14	Fri			12:21	6.8	6:33	-0.9	6:46	-0.3	5:34	8:02	
15	Sat	12:38	7.5	1:14	6.7	7:24	-0.8	7:39	-0.2	5:33	8:03	
16	Sun	1:31	7.3	2:07	6.6	8:16	-0.6	8:32	0.0	5:32	8:04	
17	Mon	2:24	7.0	3:01	6.4	9:08	-0.3	9:28	0.3	5:32	8:05	
18	Tue	3:19	6.7	3:56	6.3	10:01	0.0	10:25	0.5	5:31	8:05	
19	Wed	4:15	6.3	4:51	6.1	10:55	0.3	11:24	0.7	5:30	8:06	
20	Thu	5:12	6.0	5:47	6.1	11:50	0.5			5:29	8:07	
21	Fri	6:10	5.7	6:43	6.0	12:23	0.8	12:44	0.7	5:28	8:08	
22	Sat	7:09	5.6	7:37	6.1	1:21	0.8	1:37	0.8	5:27	8:09	
23	Sun	8:06	5.6	8:29	6.2	2:16	0.7	2:28	0.9	5:27	8:10	
24	Mon	8:58	5.6	9:16	6.3	3:08	0.6	3:16	0.9	5:26	8:11	
25	Tue	9:46	5.7	9:59	6.4	3:56	0.4	4:01	0.8	5:25	8:12	
26	Wed	10:30	5.8	10:40	6.5	4:40	0.3	4:44	0.8	5:25	8:13	
27	Thu	11:12	5.9	11:19	6.5	5:21	0.2	5:26	0.7	5:24	8:13	
28	Fri	11:52	6.0	11:57	6.5	6:01	0.1	6:06	0.7	5:24	8:14	
29	Sat			12:31	6.0	6:40	0.0	6:46	0.7	5:23	8:15	
30	Sun	12:35	6.5	1:11	6.1	7:19	0.0	7:26	0.6	5:22	8:16	
31	Mon	1:15	6.5	1:51	6.1	7:58	0.0	8:08	0.6	5:22	8:17	