

Mount Sinai, NY - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:25	6.1	5:53	6.8	11:56	0.5			6:19	7:24	
2	Thu	6:31	6.0	6:59	6.6	12:43	0.4	1:01	0.6	6:20	7:23	
3	Fri	7:38	6.0	8:05	6.6	1:48	0.4	2:06	0.7	6:21	7:21	
4	Sat	8:41	6.1	9:05	6.6	2:49	0.4	3:08	0.6	6:22	7:19	
5	Sun	9:37	6.3	9:59	6.7	3:45	0.3	4:04	0.4	6:23	7:18	
6	Mon	10:27	6.5	10:46	6.7	4:35	0.2	4:55	0.3	6:24	7:16	
7	Tue	11:11	6.7	11:30	6.7	5:20	0.1	5:41	0.2	6:25	7:14	
8	Wed	11:52	6.7			6:01	0.2	6:23	0.2	6:26	7:13	
9	Thu	12:11	6.6	12:31	6.7	6:39	0.2	7:03	0.2	6:27	7:11	
10	Fri	12:51	6.5	1:09	6.7	7:16	0.4	7:43	0.3	6:28	7:09	
11	Sat	1:31	6.4	1:47	6.6	7:53	0.5	8:22	0.4	6:29	7:08	
12	Sun	2:11	6.2	2:25	6.5	8:30	0.7	9:02	0.6	6:30	7:06	
13	Mon	2:53	6.0	3:06	6.3	9:10	0.9	9:45	0.7	6:31	7:04	
14	Tue	3:37	5.8	3:49	6.1	9:53	1.1	10:31	0.9	6:32	7:03	
15	Wed	4:24	5.6	4:37	6.0	10:41	1.2	11:23	1.0	6:32	7:01	
16	Thu	5:15	5.5	5:29	5.9	11:34	1.3			6:33	6:59	
17	Fri	6:10	5.5	6:27	5.9	12:18	1.1	12:31	1.3	6:34	6:58	
18	Sat	7:07	5.6	7:25	6.0	1:14	1.0	1:30	1.2	6:35	6:56	
19	Sun	8:02	5.8	8:22	6.3	2:10	0.8	2:27	0.9	6:36	6:54	
20	Mon	8:55	6.2	9:15	6.5	3:02	0.6	3:21	0.6	6:37	6:52	
21	Tue	9:44	6.6	10:05	6.8	3:52	0.3	4:13	0.2	6:38	6:51	
22	Wed	10:31	7.0	10:53	7.1	4:39	0.0	5:03	-0.2	6:39	6:49	
23	Thu	11:17	7.4	11:41	7.2	5:25	-0.3	5:52	-0.5	6:40	6:47	
24	Fri			12:04	7.6	6:12	-0.4	6:42	-0.6	6:41	6:46	
25	Sat	12:30	7.2	12:52	7.7	6:59	-0.5	7:32	-0.6	6:42	6:44	
26	Sun	1:20	7.1	1:42	7.7	7:48	-0.4	8:25	-0.5	6:43	6:42	
27	Mon	2:13	6.9	2:35	7.5	8:40	-0.2	9:20	-0.3	6:45	6:41	
28	Tue	3:08	6.6	3:32	7.2	9:35	0.1	10:18	0.0	6:46	6:39	
29	Wed	4:07	6.4	4:32	6.9	10:36	0.4	11:20	0.3	6:47	6:37	
30	Thu	5:10	6.1	5:36	6.6	11:41	0.6			6:48	6:35	