US HARBORS www.USHarbors.com

Mount Sinai, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:56**	6.2	**7:21**	5.9	**12:57**	0.5	**1:30**	0.6	6:23	4:48	
2	Tue	**7:49**	6.3	**8:14**	6.0	**1:50**	0.5	**2:24**	0.4	6:24	4:46	
3	Wed	**8:36**	6.5	**9:00**	6.0	**2:38**	0.5	**3:12**	0.3	6:25	4:45	
4	Thu	**9:18**	6.6	**9:43**	6.1	**3:22**	0.5	**3:55**	0.2	6:26	4:44	
5	Fri	**9:57**	6.6	**10:23**	6.1	**4:02**	0.4	**4:35**	0.1	6:28	4:43	
6	Sat	**10:34**	6.6	**11:01**	6.1	**4:40**	0.5	**5:13**	0.0	6:29	4:42	
7	Sun	**11:10**	6.6	**11:39**	6.0	**5:17**	0.5	**5:50**	0.1	6:30	4:41	
8	Mon	**11:46**	6.5			**5:55**	0.6	**6:27**	0.1	6:31	4:40	
9	Tue	**12:18**	5.9	**12:24**	6.4	**6:32**	0.6	**7:05**	0.2	6:32	4:39	
10	Wed	**12:57**	5.8	**1:03**	6.3	**7:11**	0.7	**7:45**	0.3	6:34	4:38	
11	Thu	**1:38**	5.8	**1:45**	6.1	**7:53**	0.8	**8:28**	0.4	6:35	4:37	
12	Fri	**2:22**	5.7	**2:30**	6.0	**8:39**	0.9	**9:14**	0.5	6:36	4:36	
13	Sat	**3:09**	5.7	**3:20**	5.9	**9:30**	0.9	**10:04**	0.5	6:37	4:35	
14	Sun	**4:00**	5.8	**4:15**	5.9	**10:27**	0.9	**10:58**	0.5	6:38	4:34	
15	Mon	**4:54**	5.9	**5:14**	5.9	**11:27**	0.7	**11:54**	0.4	6:40	4:33	
16	Tue	**5:51**	6.2	**6:15**	6.0			**12:27**	0.5	6:41	4:32	
17	Wed	**6:47**	6.5	**7:15**	6.1	**12:50**	0.2	**1:27**	0.1	6:42	4:32	
18	Thu	**7:43**	6.9	**8:12**	6.3	**1:45**	0.0	**2:24**	-0.3	6:43	4:31	
19	Fri	**8:36**	7.3	**9:06**	6.5	**2:39**	-0.2	**3:19**	-0.6	6:44	4:30	
20	Sat	**9:28**	7.5	**9:59**	6.7	**3:32**	-0.4	**4:12**	-0.9	6:45	4:29	
21	Sun	**10:19**	7.7	**10:51**	6.7	**4:24**	-0.5	**5:04**	-1.0	6:47	4:29	
22	Mon	**11:10**	7.6	**11:44**	6.7	**5:16**	-0.6	**5:56**	-1.0	6:48	4:28	
23	Tue			**12:03**	7.5	**6:08**	-0.5	**6:48**	-0.8	6:49	4:28	
24	Wed	**12:37**	6.6	**12:56**	7.2	**7:02**	-0.3	**7:41**	-0.6	6:50	4:27	
25	Thu	**1:32**	6.4	**1:52**	6.8	**7:58**	-0.1	**8:35**	-0.3	6:51	4:27	
26	Fri	**2:28**	6.2	**2:48**	6.4	**8:56**	0.2	**9:31**	0.0	6:52	4:26	
27	Sat	**3:25**	6.1	**3:47**	6.1	**9:57**	0.4	**10:27**	0.2	6:53	4:26	
28	Sun	**4:24**	6.0	**4:47**	5.8	**10:59**	0.6	**11:24**	0.4	6:54	4:25	
29	Mon	**5:22**	5.9	**5:47**	5.6			**12:00**	0.6	6:55	4:25	
30	Tue	**6:20**	5.9	**6:46**	5.5	**12:19**	0.5	**12:58**	0.6	6:56	4:25	