

Mount Sinai, NY - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:16	6.0	7:40	5.5	1:12	0.6	1:54	0.4	6:57	4:24	
2	Thu	8:04	6.1	8:28	5.6	2:00	0.6	2:42	0.3	6:58	4:24	
3	Fri	8:46	6.2	9:16	5.6	2:48	0.5	3:24	0.1	6:59	4:24	
4	Sat	9:28	6.3	9:58	5.7	3:30	0.5	4:06	0.0	7:00	4:24	
5	Sun	10:04	6.3	10:34	5.8	4:12	0.4	4:48	-0.1	7:01	4:24	
6	Mon	10:46	6.4	11:16	5.8	4:48	0.4	5:24	-0.1	7:02	4:24	
7	Tue	11:22	6.3	11:52	5.8	5:30	0.4	6:06	-0.1	7:03	4:24	
8	Wed	11:58	6.3			6:06	0.4	6:42	-0.1	7:04	4:23	
9	Thu	12:34	5.8	12:40	6.2	6:48	0.4	7:18	-0.1	7:05	4:24	
10	Fri	1:10	5.8	1:22	6.2	7:30	0.4	8:00	0.0	7:06	4:24	
11	Sat	1:58	5.8	2:04	6.1	8:18	0.4	8:48	0.0	7:07	4:24	
12	Sun	2:40	5.8	2:52	6.0	9:06	0.4	9:36	0.1	7:07	4:24	
13	Mon	3:28	5.9	3:46	5.8	10:00	0.4	10:24	0.1	7:08	4:24	
14	Tue	4:22	6.0	4:46	5.7	11:00	0.3	11:24	0.1	7:09	4:24	
15	Wed	5:22	6.2	5:46	5.7			12:00	0.2	7:10	4:25	
16	Thu	6:16	6.4	6:52	5.8	12:18	0.0	1:06	-0.1	7:10	4:25	
17	Fri	7:16	6.7	7:52	5.9	1:18	-0.1	2:06	-0.4	7:11	4:25	
18	Sat	8:16	7.0	8:46	6.1	2:18	-0.3	3:00	-0.6	7:12	4:26	
19	Sun	9:10	7.2	9:40	6.3	3:12	-0.4	3:54	-0.9	7:12	4:26	
20	Mon	10:04	7.3	10:34	6.4	4:06	-0.6	4:48	-1.0	7:13	4:26	
21	Tue	10:52	7.3	11:28	6.4	5:00	-0.6	5:42	-1.0	7:13	4:27	
22	Wed	11:46	7.1			5:54	-0.6	6:30	-0.9	7:14	4:27	
23	Thu	12:16	6.4	12:40	6.9	6:48	-0.5	7:18	-0.7	7:14	4:28	
24	Fri	1:10	6.3	1:28	6.5	7:36	-0.3	8:12	-0.5	7:15	4:28	
25	Sat	2:04	6.1	2:22	6.2	8:30	0.0	9:00	-0.2	7:15	4:29	
26	Sun	2:52	6.0	3:16	5.8	9:24	0.2	9:48	0.1	7:15	4:30	
27	Mon	3:46	5.8	4:10	5.5	10:24	0.4	10:42	0.3	7:16	4:30	
28	Tue	4:40	5.7	5:04	5.2	11:18	0.5	11:36	0.5	7:16	4:31	
29	Wed	5:34	5.6	6:04	5.1			12:18	0.5	7:16	4:32	
30	Thu	6:28	5.6	6:58	5.1	12:30	0.6	1:12	0.5	7:16	4:33	
31	Fri	7:22	5.7	7:52	5.2	1:18	0.6	2:06	0.4	7:16	4:33	