

Mount Sinai, NY - Jan 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:16	5.9	8:40	5.3	2:12	0.5	2:54	0.2	7:16	4:34	
2	Sun	8:58	6.0	9:28	5.5	3:00	0.4	3:36	0.0	7:17	4:35	
3	Mon	9:40	6.1	10:10	5.6	3:42	0.3	4:18	-0.2	7:17	4:36	
4	Tue	10:22	6.2	10:46	5.7	4:24	0.1	5:00	-0.3	7:17	4:37	
5	Wed	10:58	6.3	11:28	5.8	5:06	0.0	5:36	-0.4	7:17	4:38	
6	Thu	11:40	6.3			5:48	0.0	6:18	-0.4	7:17	4:39	
7	Fri	12:04	5.9	12:16	6.3	6:24	-0.1	6:54	-0.4	7:16	4:40	
8	Sat	12:46	5.9	12:58	6.3	7:06	-0.1	7:36	-0.4	7:16	4:41	
9	Sun	1:28	6.0	1:46	6.2	7:54	-0.1	8:18	-0.4	7:16	4:42	
10	Mon	2:16	6.1	2:34	6.0	8:42	-0.1	9:06	-0.3	7:16	4:43	
11	Tue	3:04	6.1	3:22	5.9	9:36	0.0	10:00	-0.2	7:16	4:44	
12	Wed	3:58	6.2	4:22	5.7	10:36	0.0	10:54	-0.1	7:15	4:45	
13	Thu	4:52	6.2	5:28	5.5	11:42	0.0			7:15	4:46	
14	Fri	5:58	6.3	6:28	5.5	12:00	-0.1	12:42	-0.1	7:15	4:47	
15	Sat	6:58	6.4	7:34	5.6	1:00	-0.1	1:48	-0.3	7:14	4:48	
16	Sun	7:58	6.6	8:34	5.8	2:00	-0.2	2:48	-0.5	7:14	4:49	
17	Mon	8:58	6.8	9:28	6.0	3:00	-0.4	3:42	-0.7	7:13	4:51	
18	Tue	9:52	6.9	10:22	6.2	3:54	-0.5	4:36	-0.9	7:13	4:52	
19	Wed	10:46	6.9	11:16	6.3	4:48	-0.6	5:24	-0.9	7:12	4:53	
20	Thu	11:34	6.8			5:42	-0.6	6:12	-0.9	7:12	4:54	
21	Fri	12:04	6.3	12:22	6.6	6:30	-0.6	7:00	-0.7	7:11	4:55	
22	Sat	12:46	6.2	1:10	6.3	7:18	-0.4	7:42	-0.5	7:10	4:56	
23	Sun	1:34	6.1	1:58	6.0	8:06	-0.2	8:30	-0.3	7:10	4:58	
24	Mon	2:22	6.0	2:46	5.7	8:54	0.0	9:12	0.0	7:09	4:59	
25	Tue	3:10	5.8	3:34	5.4	9:48	0.3	10:00	0.3	7:08	5:00	
26	Wed	3:58	5.6	4:28	5.2	10:36	0.4	10:54	0.5	7:07	5:01	
27	Thu	4:52	5.5	5:22	5.0	11:36	0.5	11:42	0.6	7:07	5:03	
28	Fri	5:46	5.4	6:16	4.9			12:30	0.6	7:06	5:04	
29	Sat	6:40	5.4	7:16	5.0	12:36	0.7	1:24	0.5	7:05	5:05	
30	Sun	7:34	5.5	8:04	5.1	1:30	0.6	2:18	0.3	7:04	5:06	
31	Mon	8:22	5.7	8:52	5.3	2:24	0.5	3:06	0.1	7:03	5:07	