

Mount Sinai, NY - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:27	6.2	4:00	5.7	10:12	0.0	10:30	0.1	6:26	5:42	
2	Thu	4:26	6.2	5:02	5.5	11:14	0.1	11:34	0.2	6:24	5:43	
3	Fri	5:30	6.1	6:08	5.5			12:20	0.1	6:23	5:45	
4	Sat	6:38	6.2	7:15	5.7	12:41	0.1	1:25	-0.1	6:21	5:46	
5	Sun	7:43	6.4	8:16	6.0	1:46	0.0	2:26	-0.3	6:20	5:47	
6	Mon	8:43	6.6	9:13	6.3	2:47	-0.3	3:23	-0.5	6:18	5:48	
7	Tue	9:37	6.8	10:04	6.6	3:44	-0.6	4:15	-0.7	6:16	5:49	
8	Wed	10:28	6.8	10:53	6.8	4:37	-0.8	5:03	-0.8	6:15	5:50	
9	Thu	11:17	6.8	11:39	6.8	5:27	-0.8	5:49	-0.8	6:13	5:51	
10	Fri			12:04	6.7	6:14	-0.8	6:34	-0.6	6:12	5:52	
11	Sat	12:25	6.7	12:50	6.5	7:01	-0.6	7:18	-0.4	6:10	5:54	
12	Sun	1:10	6.6	1:37	6.2	7:47	-0.4	8:02	-0.1	6:08	5:55	
13	Mon	1:55	6.3	2:24	5.9	8:34	-0.1	8:48	0.2	6:07	5:56	
14	Tue	2:42	6.1	3:13	5.6	9:22	0.2	9:36	0.5	6:05	5:57	
15	Wed	3:31	5.8	4:04	5.4	10:14	0.4	10:28	0.7	6:03	5:58	
16	Thu	4:24	5.5	4:59	5.2	11:08	0.6	11:24	0.9	6:02	5:59	
17	Fri	5:21	5.4	5:57	5.2			12:04	0.7	6:00	6:00	
18	Sat	6:20	5.4	6:54	5.2	12:22	0.9	1:00	0.7	5:58	6:01	
19	Sun	7:17	5.5	7:47	5.4	1:18	0.8	1:53	0.6	5:57	6:02	
20	Mon	8:09	5.6	8:35	5.7	2:10	0.6	2:41	0.5	5:55	6:03	
21	Tue	8:56	5.9	9:18	5.9	2:59	0.3	3:26	0.3	5:53	6:04	
22	Wed	9:38	6.1	9:58	6.2	3:44	0.1	4:08	0.1	5:52	6:05	
23	Thu	10:19	6.2	10:37	6.4	4:27	-0.2	4:47	-0.1	5:50	6:07	
24	Fri	10:59	6.4	11:16	6.6	5:08	-0.4	5:27	-0.2	5:48	6:08	
25	Sat	11:40	6.4	11:56	6.7	5:50	-0.5	6:06	-0.3	5:47	6:09	
26	Sun			12:22	6.4	6:32	-0.6	6:48	-0.2	5:45	6:10	
27	Mon	12:38	6.8	1:07	6.4	7:17	-0.5	7:32	-0.2	5:43	6:11	
28	Tue	1:24	6.8	1:56	6.2	8:05	-0.4	8:21	0.0	5:42	6:12	
29	Wed	2:14	6.7	2:48	6.1	8:58	-0.3	9:16	0.1	5:40	6:13	
30	Thu	3:09	6.5	3:46	5.9	9:56	-0.1	10:17	0.3	5:38	6:14	
31	Fri	4:10	6.3	4:49	5.8	10:59	0.1	11:23	0.3	5:37	6:15	