

Mount Sinai, NY - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:20	5.8	9:37	6.6	3:32	0.3	3:38	0.7	5:23	8:28	
2	Sun	10:09	5.9	10:23	6.6	4:21	0.2	4:26	0.7	5:24	8:28	
3	Mon	10:54	6.0	11:05	6.6	5:06	0.2	5:11	0.7	5:24	8:27	
4	Tue	11:36	6.1	11:46	6.6	5:47	0.1	5:53	0.7	5:25	8:27	
5	Wed			12:16	6.1	6:27	0.1	6:34	0.7	5:25	8:27	
6	Thu	12:25	6.5	12:56	6.1	7:04	0.2	7:13	0.7	5:26	8:27	
7	Fri	1:03	6.4	1:34	6.1	7:41	0.2	7:53	0.7	5:27	8:26	
8	Sat	1:42	6.4	2:13	6.2	8:19	0.3	8:33	0.7	5:27	8:26	
9	Sun	2:22	6.3	2:53	6.2	8:56	0.3	9:14	0.7	5:28	8:26	
10	Mon	3:03	6.2	3:33	6.2	9:35	0.4	9:58	0.7	5:29	8:25	
11	Tue	3:46	6.0	4:15	6.3	10:17	0.5	10:46	0.7	5:29	8:25	
12	Wed	4:32	5.9	5:01	6.3	11:02	0.6	11:38	0.7	5:30	8:24	
13	Thu	5:23	5.8	5:51	6.4	11:52	0.6			5:31	8:24	
14	Fri	6:19	5.8	6:46	6.5	12:34	0.6	12:46	0.6	5:32	8:23	
15	Sat	7:19	5.8	7:43	6.7	1:32	0.5	1:44	0.6	5:32	8:23	
16	Sun	8:19	5.9	8:42	7.0	2:32	0.3	2:43	0.5	5:33	8:22	
17	Mon	9:18	6.2	9:39	7.2	3:30	0.0	3:41	0.2	5:34	8:21	
18	Tue	10:14	6.4	10:34	7.4	4:26	-0.3	4:39	0.0	5:35	8:21	
19	Wed	11:09	6.7	11:28	7.6	5:21	-0.5	5:35	-0.2	5:36	8:20	
20	Thu			12:02	6.9	6:13	-0.7	6:30	-0.3	5:37	8:19	
21	Fri	12:22	7.6	12:56	7.1	7:05	-0.8	7:25	-0.4	5:37	8:19	
22	Sat	1:16	7.5	1:49	7.1	7:56	-0.7	8:20	-0.3	5:38	8:18	
23	Sun	2:10	7.2	2:42	7.1	8:48	-0.6	9:16	-0.2	5:39	8:17	
24	Mon	3:04	6.9	3:36	7.0	9:40	-0.3	10:13	0.0	5:40	8:16	
25	Tue	4:00	6.6	4:31	6.8	10:33	0.0	11:11	0.3	5:41	8:15	
26	Wed	4:56	6.2	5:26	6.7	11:27	0.3			5:42	8:14	
27	Thu	5:55	5.9	6:24	6.5	12:10	0.4	12:23	0.6	5:43	8:13	
28	Fri	6:55	5.7	7:21	6.4	1:09	0.6	1:20	0.8	5:44	8:12	
29	Sat	7:55	5.7	8:18	6.3	2:07	0.6	2:16	0.9	5:45	8:11	
30	Sun	8:51	5.7	9:10	6.3	3:02	0.6	3:09	0.9	5:46	8:10	
31	Mon	9:42	5.8	9:58	6.4	3:52	0.5	3:59	0.8	5:47	8:09	