US HARBORS www.USHarbors.com

Mount Sinai, NY - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:28	6.0	10:41	6.5	4:38	0.4	4:45	0.8	5:48	8:08	
2	Wed	11:10	6.1	11:22	6.5	5:20	0.3	5:28	0.7	5:48	8:07	
3	Thu	11:49	6.2			5:59	0.3	6:09	0.6	5:49	8:06	
4	Fri	12:00	6.5	12:27	6.3	6:36	0.2	6:48	0.5	5:50	8:05	
5	Sat	12:38	6.5	1:05	6.3	7:13	0.2	7:27	0.5	5:51	8:04	
6	Sun	1:16	6.5	1:42	6.4	7:49	0.2	8:06	0.5	5:52	8:03	
7	Mon	1:54	6.4	2:19	6.4	8:25	0.3	8:46	0.5	5:53	8:01	
8	Tue	2:34	6.3	2:59	6.5	9:03	0.4	9:29	0.5	5:54	8:00	
9	Wed	3:16	6.2	3:41	6.5	9:44	0.4	10:15	0.6	5:55	7:59	
10	Thu	4:02	6.1	4:27	6.5	10:29	0.5	11:07	0.6	5:56	7:58	
11	Fri	4:54	5.9	5:19	6.6	11:20	0.6			5:57	7:56	
12	Sat	5:51	5.8	6:16	6.6	12:05	0.6	12:18	0.7	5:58	7:55	
13	Sun	6:53	5.8	7:18	6.7	1:06	0.5	1:20	0.6	5:59	7:54	
14	Mon	7:56	6.0	8:21	6.9	2:08	0.3	2:23	0.5	6:00	7:52	
15	Tue	8:58	6.2	9:22	7.1	3:09	0.1	3:25	0.3	6:01	7:51	
16	Wed	9:56	6.6	10:19	7.4	4:07	-0.2	4:24	0.0	6:02	7:50	
17	Thu	10:51	6.9	11:13	7.5	5:02	-0.4	5:21	-0.2	6:03	7:48	
18	Fri	11:44	7.1			5:54	-0.6	6:15	-0.4	6:04	7:47	
19	Sat	12:06	7.5	12:35	7.3	6:44	-0.6	7:08	-0.4	6:05	7:45	
20	Sun	12:57	7.4	1:26	7.3	7:33	-0.6	8:00	-0.4	6:06	7:44	
21	Mon	1:49	7.2	2:16	7.2	8:22	-0.4	8:52	-0.2	6:07	7:42	
22	Tue	2:40	6.8	3:07	7.1	9:11	-0.1	9:46	0.1	6:08	7:41	
23	Wed	3:33	6.5	3:58	6.8	10:01	0.2	10:40	0.3	6:09	7:39	
24	Thu	4:27	6.2	4:52	6.5	10:54	0.6	11:37	0.6	6:10	7:38	
25	Fri	5:23	5.9	5:47	6.3	11:49	0.8			6:11	7:36	
26	Sat	6:21	5.7	6:45	6.1	12:34	0.8	12:46	1.0	6:12	7:35	
27	Sun	7:21	5.6	7:43	6.1	1:32	0.9	1:43	1.1	6:13	7:33	
28	Mon	8:18	5.7	8:38	6.1	2:27	0.8	2:38	1.1	6:14	7:32	
29	Tue	9:10	5.8	9:28	6.2	3:18	0.8	3:30	1.0	6:15	7:30	
30	Wed	9:57	6.0	10:13	6.4	4:05	0.6	4:17	0.8	6:16	7:28	
31	Thu	10:39	6.2	10:55	6.5	4:48	0.5	5:01	0.6	6:17	7:27	