

Mount Sinai, NY - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:29	7.2			5:37	-0.3	6:15	-0.8	6:57	4:24	
2	Sat	12:03	6.4	12:20	7.2	6:26	-0.3	7:05	-0.7	6:58	4:24	
3	Sun	12:54	6.4	1:13	7.0	7:19	-0.2	7:58	-0.6	6:59	4:24	
4	Mon	1:49	6.3	2:09	6.8	8:16	-0.1	8:53	-0.5	7:00	4:24	
5	Tue	2:46	6.3	3:08	6.5	9:17	0.0	9:51	-0.3	7:01	4:24	
6	Wed	3:46	6.2	4:10	6.2	10:21	0.1	10:52	-0.2	7:02	4:24	
7	Thu	4:48	6.2	5:14	6.0	11:27	0.2	11:52	-0.1	7:03	4:24	
8	Fri	5:51	6.3	6:19	5.9			12:32	0.1	7:04	4:23	
9	Sat	6:52	6.4	7:21	5.8	12:51	0.0	1:33	0.0	7:05	4:23	
10	Sun	7:49	6.5	8:18	5.9	1:48	0.0	2:30	-0.2	7:05	4:24	
11	Mon	8:41	6.6	9:09	5.9	2:41	0.0	3:22	-0.3	7:06	4:24	
12	Tue	9:27	6.7	9:56	6.0	3:30	0.0	4:10	-0.4	7:07	4:24	
13	Wed	10:11	6.7	10:39	6.0	4:16	0.0	4:54	-0.4	7:08	4:24	
14	Thu	10:52	6.6	11:21	5.9	4:59	0.1	5:35	-0.4	7:09	4:24	
15	Fri	11:32	6.4			5:40	0.1	6:14	-0.3	7:09	4:24	
16	Sat	12:02	5.9	12:12	6.3	6:20	0.2	6:53	-0.1	7:10	4:25	
17	Sun	12:43	5.8	12:53	6.1	7:01	0.3	7:32	0.0	7:11	4:25	
18	Mon	1:24	5.7	1:34	5.9	7:42	0.5	8:12	0.1	7:11	4:25	
19	Tue	2:07	5.6	2:17	5.8	8:26	0.6	8:54	0.2	7:12	4:26	
20	Wed	2:50	5.6	3:03	5.6	9:12	0.6	9:38	0.4	7:12	4:26	
21	Thu	3:36	5.5	3:51	5.4	10:02	0.7	10:25	0.4	7:13	4:27	
22	Fri	4:24	5.6	4:43	5.3	10:55	0.7	11:15	0.5	7:13	4:27	
23	Sat	5:14	5.6	5:38	5.2	11:51	0.6			7:14	4:28	
24	Sun	6:06	5.8	6:34	5.3	12:07	0.5	12:46	0.4	7:14	4:28	
25	Mon	6:59	6.0	7:29	5.4	1:00	0.4	1:41	0.2	7:15	4:29	
26	Tue	7:51	6.3	8:22	5.7	1:52	0.2	2:34	-0.2	7:15	4:29	
27	Wed	8:42	6.6	9:13	5.9	2:44	0.0	3:26	-0.5	7:15	4:30	
28	Thu	9:31	6.9	10:03	6.1	3:36	-0.3	4:17	-0.8	7:16	4:31	
29	Fri	10:21	7.1	10:53	6.3	4:27	-0.5	5:07	-1.0	7:16	4:32	
30	Sat	11:12	7.2	11:45	6.4	5:18	-0.6	5:57	-1.1	7:16	4:32	
31	Sun			12:04	7.2	6:11	-0.7	6:47	-1.1	7:16	4:33	