

Mount Sinai, NY - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:38	5.8	5:08	6.0	11:09	0.7	11:40	1.0	5:23	8:28	
2	Mon	5:27	5.6	5:56	6.0	11:56	0.9			5:24	8:28	
3	Tue	6:20	5.5	6:46	6.1	12:33	0.9	12:46	0.9	5:24	8:27	
4	Wed	7:15	5.5	7:38	6.2	1:27	0.8	1:38	0.9	5:25	8:27	
5	Thu	8:10	5.6	8:29	6.4	2:21	0.7	2:30	0.8	5:25	8:27	
6	Fri	9:04	5.7	9:20	6.7	3:14	0.4	3:23	0.7	5:26	8:27	
7	Sat	9:55	6.0	10:10	7.0	4:06	0.1	4:15	0.5	5:26	8:26	
8	Sun	10:45	6.2	10:59	7.2	4:56	-0.1	5:06	0.3	5:27	8:26	
9	Mon	11:34	6.5	11:49	7.4	5:46	-0.4	5:57	0.1	5:28	8:26	
10	Tue			12:24	6.7	6:35	-0.5	6:49	-0.1	5:28	8:25	
11	Wed	12:40	7.4	1:15	6.8	7:24	-0.6	7:42	-0.2	5:29	8:25	
12	Thu	1:33	7.4	2:07	6.9	8:15	-0.6	8:37	-0.2	5:30	8:24	
13	Fri	2:27	7.2	3:01	7.0	9:06	-0.5	9:33	-0.1	5:31	8:24	
14	Sat	3:22	7.0	3:56	7.0	10:00	-0.4	10:33	0.0	5:31	8:23	
15	Sun	4:20	6.7	4:53	6.9	10:55	-0.2	11:34	0.1	5:32	8:23	
16	Mon	5:19	6.4	5:52	6.8	11:53	0.1			5:33	8:22	
17	Tue	6:21	6.1	6:52	6.8	12:37	0.2	12:52	0.3	5:34	8:22	
18	Wed	7:24	6.0	7:52	6.7	1:39	0.3	1:51	0.4	5:35	8:21	
19	Thu	8:26	5.9	8:50	6.7	2:39	0.3	2:48	0.5	5:35	8:20	
20	Fri	9:23	6.0	9:42	6.7	3:35	0.2	3:43	0.6	5:36	8:20	
21	Sat	10:15	6.0	10:31	6.7	4:27	0.1	4:34	0.6	5:37	8:19	
22	Sun	11:02	6.1	11:15	6.7	5:14	0.1	5:21	0.5	5:38	8:18	
23	Mon	11:45	6.2	11:56	6.6	5:57	0.1	6:05	0.5	5:39	8:17	
24	Tue			12:26	6.2	6:36	0.1	6:46	0.6	5:40	8:16	
25	Wed	12:36	6.5	1:05	6.3	7:14	0.2	7:26	0.6	5:41	8:16	
26	Thu	1:16	6.5	1:44	6.3	7:52	0.2	8:06	0.6	5:42	8:15	
27	Fri	1:55	6.3	2:23	6.3	8:29	0.3	8:46	0.7	5:43	8:14	
28	Sat	2:36	6.2	3:03	6.2	9:06	0.5	9:28	0.7	5:43	8:13	
29	Sun	3:17	6.0	3:43	6.2	9:45	0.6	10:12	0.8	5:44	8:12	
30	Mon	4:00	5.9	4:26	6.2	10:27	0.7	11:00	0.9	5:45	8:11	
31	Tue	4:47	5.7	5:11	6.2	11:12	0.8	11:51	0.9	5:46	8:10	