

Mount Sinai, NY - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:38	5.6	6:01	6.2			12:02	0.9	5:47	8:09	
2	Thu	6:33	5.5	6:56	6.3	12:46	0.8	12:57	1.0	5:48	8:08	
3	Fri	7:32	5.6	7:53	6.5	1:43	0.7	1:54	0.9	5:49	8:06	
4	Sat	8:30	5.8	8:50	6.7	2:41	0.5	2:52	0.7	5:50	8:05	
5	Sun	9:26	6.1	9:45	7.0	3:37	0.2	3:48	0.4	5:51	8:04	
6	Mon	10:19	6.4	10:38	7.3	4:30	-0.1	4:44	0.1	5:52	8:03	
7	Tue	11:11	6.7	11:30	7.5	5:22	-0.4	5:38	-0.1	5:53	8:02	
8	Wed			12:02	7.0	6:13	-0.6	6:31	-0.3	5:54	8:00	
9	Thu	12:22	7.5	12:53	7.2	7:03	-0.7	7:25	-0.4	5:55	7:59	
10	Fri	1:15	7.5	1:46	7.3	7:53	-0.7	8:19	-0.4	5:56	7:58	
11	Sat	2:08	7.3	2:39	7.3	8:44	-0.6	9:15	-0.3	5:57	7:57	
12	Sun	3:03	7.0	3:33	7.2	9:36	-0.3	10:12	-0.1	5:58	7:55	
13	Mon	3:59	6.7	4:29	7.0	10:31	-0.1	11:12	0.1	5:59	7:54	
14	Tue	4:58	6.3	5:27	6.8	11:28	0.3			6:00	7:53	
15	Wed	5:59	6.0	6:27	6.6	12:13	0.3	12:27	0.5	6:01	7:51	
16	Thu	7:02	5.9	7:28	6.5	1:15	0.5	1:27	0.7	6:02	7:50	
17	Fri	8:04	5.8	8:28	6.4	2:15	0.5	2:27	0.8	6:03	7:48	
18	Sat	9:02	5.9	9:22	6.5	3:12	0.5	3:22	0.8	6:04	7:47	
19	Sun	9:53	6.0	10:10	6.5	4:03	0.4	4:14	0.7	6:05	7:46	
20	Mon	10:39	6.2	10:54	6.5	4:49	0.3	5:00	0.6	6:06	7:44	
21	Tue	11:20	6.3	11:34	6.6	5:31	0.3	5:42	0.5	6:07	7:43	
22	Wed	11:59	6.4			6:09	0.3	6:22	0.5	6:08	7:41	
23	Thu	12:13	6.5	12:36	6.4	6:45	0.3	7:00	0.5	6:09	7:40	
24	Fri	12:50	6.5	1:13	6.5	7:21	0.3	7:38	0.5	6:10	7:38	
25	Sat	1:28	6.4	1:50	6.5	7:56	0.4	8:16	0.5	6:11	7:37	
26	Sun	2:06	6.3	2:27	6.4	8:32	0.5	8:56	0.6	6:12	7:35	
27	Mon	2:46	6.1	3:05	6.4	9:09	0.6	9:38	0.6	6:13	7:33	
28	Tue	3:27	6.0	3:46	6.4	9:50	0.8	10:23	0.7	6:14	7:32	
29	Wed	4:13	5.8	4:32	6.3	10:35	0.9	11:15	0.8	6:15	7:30	
30	Thu	5:03	5.7	5:24	6.3	11:27	1.0			6:16	7:29	
31	Fri	5:59	5.7	6:22	6.3	12:11	0.8	12:24	1.0	6:17	7:27	