

Mount Sinai, NY - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:14	6.7	10:44	5.9	4:18	-0.2	4:58	-0.6	7:16	4:34	
2	Wed	10:58	6.6	11:28	5.9	5:05	-0.2	5:42	-0.5	7:17	4:35	
3	Thu	11:42	6.4			5:49	-0.1	6:24	-0.4	7:17	4:35	
4	Fri	12:12	5.8	12:24	6.2	6:32	0.0	7:05	-0.3	7:17	4:36	
5	Sat	12:55	5.8	1:07	6.0	7:15	0.2	7:46	-0.1	7:17	4:37	
6	Sun	1:38	5.7	1:51	5.8	7:59	0.3	8:27	0.1	7:17	4:38	
7	Mon	2:22	5.6	2:36	5.6	8:44	0.5	9:10	0.2	7:16	4:39	
8	Tue	3:07	5.5	3:23	5.4	9:33	0.6	9:55	0.4	7:16	4:40	
9	Wed	3:54	5.4	4:13	5.2	10:24	0.6	10:43	0.5	7:16	4:41	
10	Thu	4:43	5.4	5:06	5.0	11:18	0.7	11:34	0.6	7:16	4:42	
11	Fri	5:34	5.5	6:02	5.0			12:13	0.6	7:16	4:43	
12	Sat	6:27	5.6	6:58	5.0	12:26	0.6	1:08	0.4	7:16	4:44	
13	Sun	7:19	5.7	7:51	5.2	1:19	0.5	2:01	0.2	7:15	4:45	
14	Mon	8:09	6.0	8:41	5.4	2:10	0.4	2:52	-0.1	7:15	4:46	
15	Tue	8:57	6.3	9:29	5.6	3:00	0.1	3:41	-0.3	7:14	4:47	
16	Wed	9:44	6.6	10:15	5.9	3:49	-0.1	4:28	-0.6	7:14	4:49	
17	Thu	10:31	6.8	11:02	6.1	4:37	-0.3	5:15	-0.8	7:14	4:50	
18	Fri	11:19	6.9	11:49	6.3	5:26	-0.5	6:01	-1.0	7:13	4:51	
19	Sat			12:08	7.0	6:15	-0.7	6:49	-1.0	7:13	4:52	
20	Sun	12:39	6.4	12:59	6.9	7:06	-0.7	7:38	-1.0	7:12	4:53	
21	Mon	1:30	6.4	1:51	6.7	8:00	-0.6	8:29	-0.9	7:11	4:54	
22	Tue	2:23	6.4	2:47	6.4	8:57	-0.5	9:23	-0.7	7:11	4:56	
23	Wed	3:19	6.4	3:45	6.1	9:58	-0.3	10:20	-0.4	7:10	4:57	
24	Thu	4:17	6.3	4:46	5.8	11:01	-0.2	11:20	-0.2	7:09	4:58	
25	Fri	5:19	6.2	5:50	5.5			12:05	-0.1	7:09	4:59	
26	Sat	6:22	6.2	6:55	5.5	12:21	-0.1	1:08	-0.1	7:08	5:00	
27	Sun	7:23	6.2	7:56	5.5	1:21	0.0	2:09	-0.2	7:07	5:02	
28	Mon	8:21	6.2	8:52	5.6	2:19	0.0	3:05	-0.3	7:06	5:03	
29	Tue	9:12	6.3	9:41	5.7	3:13	-0.1	3:55	-0.4	7:05	5:04	
30	Wed	9:59	6.3	10:26	5.8	4:03	-0.1	4:40	-0.4	7:05	5:05	
31	Thu	10:42	6.3	11:08	5.8	4:48	-0.1	5:22	-0.4	7:04	5:07	