

Mount Sinai, NY - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:02	6.1	11:23	6.0	5:10	-0.1	5:34	-0.1	6:25	5:43	
2	Sun	11:40	6.1	11:59	6.0	5:48	-0.1	6:10	-0.1	6:24	5:44	
3	Mon			12:17	6.0	6:26	-0.1	6:45	0.0	6:22	5:45	
4	Tue	12:36	6.0	12:55	5.9	7:03	-0.1	7:20	0.1	6:20	5:46	
5	Wed	1:12	6.0	1:34	5.8	7:41	0.0	7:56	0.2	6:19	5:47	
6	Thu	1:50	5.9	2:14	5.6	8:21	0.1	8:35	0.4	6:17	5:49	
7	Fri	2:29	5.8	2:57	5.4	9:04	0.3	9:18	0.5	6:16	5:50	
8	Sat	3:13	5.7	3:44	5.3	9:52	0.4	10:07	0.7	6:14	5:51	
9	Sun	4:02	5.7	4:37	5.2	10:46	0.5	11:02	0.7	6:12	5:52	
10	Mon	4:58	5.7	5:36	5.2	11:45	0.5			6:11	5:53	
11	Tue	5:59	5.7	6:37	5.3	12:03	0.7	12:46	0.4	6:09	5:54	
12	Wed	7:01	6.0	7:37	5.6	1:05	0.5	1:46	0.1	6:07	5:55	
13	Thu	8:01	6.3	8:32	6.0	2:05	0.1	2:42	-0.2	6:06	5:56	
14	Fri	8:57	6.7	9:25	6.4	3:02	-0.3	3:35	-0.5	6:04	5:57	
15	Sat	9:49	7.0	10:15	6.8	3:56	-0.6	4:26	-0.8	6:03	5:58	
16	Sun	10:41	7.1	11:05	7.1	4:49	-0.9	5:15	-1.0	6:01	6:00	
17	Mon	11:31	7.2	11:54	7.3	5:41	-1.1	6:03	-1.0	5:59	6:01	
18	Tue			12:22	7.1	6:32	-1.1	6:52	-0.9	5:58	6:02	
19	Wed	12:45	7.2	1:15	6.8	7:25	-1.0	7:43	-0.7	5:56	6:03	
20	Thu	1:37	7.1	2:08	6.5	8:18	-0.8	8:36	-0.4	5:54	6:04	
21	Fri	2:31	6.8	3:04	6.2	9:15	-0.4	9:32	0.0	5:53	6:05	
22	Sat	3:27	6.5	4:03	5.8	10:14	-0.1	10:32	0.3	5:51	6:06	
23	Sun	4:28	6.1	5:05	5.6	11:16	0.2	11:35	0.5	5:49	6:07	
24	Mon	5:32	5.9	6:09	5.5			12:18	0.4	5:48	6:08	
25	Tue	6:36	5.7	7:11	5.6	12:38	0.6	1:19	0.4	5:46	6:09	
26	Wed	7:37	5.7	8:06	5.7	1:38	0.6	2:14	0.4	5:44	6:10	
27	Thu	8:31	5.8	8:55	5.9	2:33	0.4	3:04	0.3	5:43	6:11	
28	Fri	9:18	6.0	9:38	6.1	3:22	0.3	3:47	0.2	5:41	6:12	
29	Sat	9:59	6.1	10:17	6.2	4:06	0.1	4:27	0.2	5:39	6:13	
30	Sun	10:38	6.1	10:53	6.3	4:46	0.0	5:04	0.2	5:38	6:15	
31	Mon	11:15	6.1	11:29	6.3	5:24	-0.1	5:39	0.2	5:36	6:16	