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# Mount Sinai, NY - Nov 1983

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 7:52 | 6.6 | 8:17 | 6.5 | 1:57 | 0.1 | 2:25 | 0.1 | 6:22 | 4:49 | |
| 2 | Wed | 8:45 | 7.0 | 9:11 | 6.6 | 2:50 | -0.1 | 3:21 | -0.2 | 6:23 | 4:47 | |
| 3 | Thu | 9:35 | 7.2 | 10:01 | 6.7 | 3:40 | -0.2 | 4:13 | -0.4 | 6:24 | 4:46 | |
| 4 | Fri | 10:21 | 7.4 | 10:49 | 6.6 | 4:28 | -0.3 | 5:02 | -0.5 | 6:26 | 4:45 | |
| 5 | Sat | 11:06 | 7.4 | 11:36 | 6.5 | 5:13 | -0.2 | 5:49 | -0.5 | 6:27 | 4:44 | |
| 6 | Sun | 11:51 | 7.2 | | | 5:58 | 0.0 | 6:35 | -0.4 | 6:28 | 4:43 | |
| 7 | Mon | 12:23 | 6.3 | 12:36 | 6.9 | 6:43 | 0.3 | 7:20 | -0.1 | 6:29 | 4:42 | |
| 8 | Tue | 1:10 | 6.0 | 1:22 | 6.6 | 7:29 | 0.6 | 8:07 | 0.2 | 6:30 | 4:40 | |
| 9 | Wed | 1:59 | 5.8 | 2:11 | 6.3 | 8:17 | 0.8 | 8:55 | 0.4 | 6:32 | 4:39 | |
| 10 | Thu | 2:49 | 5.6 | 3:02 | 5.9 | 9:08 | 1.1 | 9:47 | 0.7 | 6:33 | 4:38 | |
| 11 | Fri | 3:41 | 5.4 | 3:56 | 5.7 | 10:04 | 1.2 | 10:40 | 0.9 | 6:34 | 4:37 | |
| 12 | Sat | 4:36 | 5.4 | 4:53 | 5.5 | 11:01 | 1.3 | 11:34 | 0.9 | 6:35 | 4:36 | |
| 13 | Sun | 5:32 | 5.4 | 5:51 | 5.5 | 11:59 | 1.2 | | | 6:36 | 4:36 | |
| 14 | Mon | 6:26 | 5.6 | 6:47 | 5.5 | 12:26 | 0.9 | 12:55 | 1.0 | 6:37 | 4:35 | |
| 15 | Tue | 7:17 | 5.8 | 7:38 | 5.6 | 1:16 | 0.8 | 1:47 | 0.8 | 6:39 | 4:34 | |
| 16 | Wed | 8:02 | 6.0 | 8:25 | 5.8 | 2:02 | 0.7 | 2:35 | 0.5 | 6:40 | 4:33 | |
| 17 | Thu | 8:44 | 6.3 | 9:09 | 5.9 | 2:46 | 0.5 | 3:20 | 0.3 | 6:41 | 4:32 | |
| 18 | Fri | 9:23 | 6.5 | 9:50 | 6.0 | 3:27 | 0.4 | 4:02 | 0.0 | 6:42 | 4:31 | |
| 19 | Sat | 10:02 | 6.7 | 10:31 | 6.1 | 4:07 | 0.3 | 4:44 | -0.2 | 6:43 | 4:31 | |
| 20 | Sun | 10:40 | 6.8 | 11:13 | 6.1 | 4:47 | 0.2 | 5:25 | -0.3 | 6:45 | 4:30 | |
| 21 | Mon | 11:21 | 6.9 | 11:56 | 6.1 | 5:29 | 0.2 | 6:08 | -0.3 | 6:46 | 4:29 | |
| 22 | Tue | | | 12:05 | 6.9 | 6:12 | 0.2 | 6:54 | -0.3 | 6:47 | 4:29 | |
| 23 | Wed | 12:43 | 6.0 | 12:53 | 6.8 | 6:59 | 0.3 | 7:43 | -0.2 | 6:48 | 4:28 | |
| 24 | Thu | 1:33 | 5.9 | 1:46 | 6.6 | 7:51 | 0.4 | 8:36 | -0.1 | 6:49 | 4:27 | |
| 25 | Fri | 2:27 | 5.9 | 2:43 | 6.4 | 8:49 | 0.5 | 9:34 | 0.1 | 6:50 | 4:27 | |
| 26 | Sat | 3:26 | 5.8 | 3:45 | 6.2 | 9:52 | 0.5 | 10:35 | 0.1 | 6:51 | 4:26 | |
| 27 | Sun | 4:28 | 5.9 | 4:50 | 6.1 | 11:00 | 0.5 | 11:37 | 0.1 | 6:52 | 4:26 | |
| 28 | Mon | 5:32 | 6.0 | 5:56 | 6.0 | | | 12:07 | 0.4 | 6:54 | 4:26 | |
| 29 | Tue | 6:35 | 6.3 | 7:01 | 6.0 | 12:37 | 0.1 | 1:12 | 0.2 | 6:55 | 4:25 | |
| 30 | Wed | 7:33 | 6.6 | 8:01 | 6.0 | 1:34 | 0.0 | 2:12 | -0.1 | 6:56 | 4:25 | |