

Mount Sinai, NY - Jan 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:50	7.0			5:54	-0.4	6:37	-0.8	7:16	4:34	
2	Fri	12:25	6.1	12:45	6.9	6:50	-0.4	7:29	-0.7	7:17	4:35	
3	Sat	1:20	6.1	1:40	6.6	7:46	-0.3	8:21	-0.6	7:17	4:36	
4	Sun	2:15	6.1	2:36	6.2	8:44	-0.1	9:14	-0.4	7:17	4:37	
5	Mon	3:11	6.1	3:32	5.8	9:44	0.0	10:08	-0.1	7:17	4:37	
6	Tue	4:07	6.0	4:30	5.5	10:45	0.2	11:02	0.1	7:17	4:38	
7	Wed	5:03	5.9	5:30	5.2	11:46	0.3	11:57	0.3	7:16	4:39	
8	Thu	6:00	5.9	6:30	5.0			12:45	0.3	7:16	4:40	
9	Fri	6:55	5.8	7:28	5.0	12:51	0.5	1:42	0.3	7:16	4:41	
10	Sat	7:48	5.8	8:21	5.1	1:44	0.6	2:34	0.2	7:16	4:42	
11	Sun	8:37	5.9	9:09	5.2	2:35	0.6	3:22	0.1	7:16	4:43	
12	Mon	9:22	5.9	9:53	5.3	3:23	0.5	4:05	0.0	7:15	4:44	
13	Tue	10:04	5.9	10:33	5.4	4:06	0.4	4:46	0.0	7:15	4:46	
14	Wed	10:43	6.0	11:12	5.4	4:48	0.3	5:24	-0.1	7:15	4:47	
15	Thu	11:21	6.0	11:50	5.5	5:27	0.3	6:01	-0.1	7:14	4:48	
16	Fri	11:59	5.9			6:06	0.3	6:37	-0.1	7:14	4:49	
17	Sat	12:27	5.5	12:36	5.9	6:44	0.2	7:13	-0.1	7:13	4:50	
18	Sun	1:05	5.5	1:15	5.8	7:23	0.2	7:49	0.0	7:13	4:51	
19	Mon	1:43	5.6	1:55	5.7	8:05	0.3	8:27	0.0	7:12	4:52	
20	Tue	2:23	5.7	2:38	5.5	8:49	0.3	9:08	0.1	7:12	4:54	
21	Wed	3:05	5.8	3:26	5.4	9:39	0.3	9:54	0.2	7:11	4:55	
22	Thu	3:53	5.8	4:20	5.2	10:34	0.3	10:46	0.4	7:11	4:56	
23	Fri	4:46	5.9	5:20	5.0	11:35	0.3	11:44	0.4	7:10	4:57	
24	Sat	5:46	6.0	6:25	5.0			12:39	0.2	7:09	4:58	
25	Sun	6:50	6.1	7:30	5.1	12:47	0.4	1:43	0.0	7:08	5:00	
26	Mon	7:53	6.3	8:32	5.4	1:51	0.2	2:45	-0.2	7:08	5:01	
27	Tue	8:54	6.6	9:30	5.6	2:53	0.0	3:43	-0.5	7:07	5:02	
28	Wed	9:51	6.8	10:24	5.9	3:52	-0.3	4:38	-0.7	7:06	5:03	
29	Thu	10:45	6.9	11:16	6.1	4:49	-0.5	5:29	-0.9	7:05	5:04	
30	Fri	11:37	6.9			5:43	-0.7	6:18	-0.9	7:04	5:06	
31	Sat	12:08	6.3	12:28	6.7	6:35	-0.7	7:06	-0.8	7:03	5:07	