

Mount Sinai, NY - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:00	5.4	5:42	4.8	11:51	0.7			6:25	5:43	
2	Thu	6:03	5.5	6:44	4.9	12:04	0.9	12:53	0.6	6:24	5:44	
3	Fri	7:06	5.7	7:43	5.2	1:06	0.7	1:53	0.4	6:22	5:45	
4	Sat	8:05	6.0	8:37	5.6	2:07	0.4	2:48	0.0	6:21	5:46	
5	Sun	9:00	6.4	9:27	6.1	3:03	0.0	3:38	-0.3	6:19	5:47	
6	Mon	9:50	6.7	10:15	6.6	3:56	-0.4	4:26	-0.6	6:17	5:48	
7	Tue	10:39	6.9	11:02	6.9	4:47	-0.8	5:12	-0.8	6:16	5:49	
8	Wed	11:28	6.9	11:50	7.1	5:38	-1.0	5:58	-0.9	6:14	5:51	
9	Thu			12:17	6.8	6:28	-1.1	6:45	-0.8	6:13	5:52	
10	Fri	12:39	7.2	1:08	6.5	7:19	-1.0	7:33	-0.6	6:11	5:53	
11	Sat	1:29	7.0	2:01	6.2	8:12	-0.7	8:24	-0.3	6:09	5:54	
12	Sun	2:22	6.8	2:57	5.8	9:09	-0.4	9:20	0.1	6:08	5:55	
13	Mon	3:19	6.4	3:56	5.5	10:09	0.0	10:22	0.4	6:06	5:56	
14	Tue	4:21	6.0	5:01	5.3	11:13	0.3	11:28	0.7	6:04	5:57	
15	Wed	5:28	5.7	6:08	5.2			12:19	0.5	6:03	5:58	
16	Thu	6:38	5.6	7:14	5.2	12:36	0.7	1:23	0.6	6:01	5:59	
17	Fri	7:42	5.6	8:12	5.4	1:40	0.7	2:21	0.5	5:59	6:00	
18	Sat	8:38	5.7	9:01	5.7	2:38	0.5	3:11	0.4	5:58	6:02	
19	Sun	9:24	5.8	9:44	5.9	3:28	0.3	3:55	0.3	5:56	6:03	
20	Mon	10:05	5.9	10:22	6.1	4:12	0.2	4:33	0.2	5:54	6:04	
21	Tue	10:43	5.9	10:58	6.2	4:52	0.0	5:08	0.2	5:53	6:05	
22	Wed	11:20	5.9	11:32	6.2	5:29	0.0	5:42	0.3	5:51	6:06	
23	Thu	11:56	5.8			6:05	-0.1	6:15	0.3	5:49	6:07	
24	Fri	12:06	6.2	12:32	5.7	6:40	0.0	6:49	0.5	5:48	6:08	
25	Sat	12:40	6.1	1:10	5.6	7:17	0.1	7:24	0.6	5:46	6:09	
26	Sun	1:16	6.0	1:49	5.5	7:55	0.2	8:02	0.8	5:44	6:10	
27	Mon	1:55	5.9	2:31	5.3	8:36	0.4	8:45	0.9	5:43	6:11	
28	Tue	2:39	5.8	3:17	5.2	9:23	0.5	9:34	1.0	5:41	6:12	
29	Wed	3:29	5.7	4:10	5.1	10:17	0.7	10:32	1.0	5:39	6:13	
30	Thu	4:27	5.6	5:09	5.1	11:17	0.7	11:35	1.0	5:38	6:14	
31	Fri	5:31	5.7	6:11	5.3			12:19	0.6	5:36	6:15	