

Mount Sinai, NY - Aug 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:51	6.2			6:04	0.1	6:13	0.5	5:48	8:08	
2	Wed	12:06	6.7	12:35	6.3	6:46	0.1	6:58	0.5	5:49	8:07	
3	Thu	12:49	6.5	1:17	6.3	7:26	0.2	7:41	0.5	5:50	8:06	
4	Fri	1:31	6.4	1:57	6.3	8:04	0.3	8:23	0.6	5:51	8:05	
5	Sat	2:12	6.2	2:37	6.3	8:42	0.5	9:06	0.7	5:52	8:03	
6	Sun	2:55	5.9	3:17	6.3	9:19	0.7	9:50	0.8	5:53	8:02	
7	Mon	3:38	5.7	3:59	6.2	9:59	0.9	10:36	0.9	5:54	8:01	
8	Tue	4:24	5.5	4:43	6.0	10:42	1.2	11:25	1.1	5:55	8:00	
9	Wed	5:14	5.3	5:31	5.9	11:30	1.4			5:56	7:58	
10	Thu	6:08	5.1	6:24	5.8	12:19	1.1	12:24	1.5	5:57	7:57	
11	Fri	7:06	5.1	7:22	5.9	1:15	1.1	1:21	1.5	5:58	7:56	
12	Sat	8:05	5.2	8:20	6.0	2:12	1.1	2:19	1.4	5:59	7:55	
13	Sun	9:00	5.4	9:14	6.2	3:07	0.9	3:15	1.2	6:00	7:53	
14	Mon	9:50	5.7	10:04	6.5	3:59	0.6	4:08	0.9	6:01	7:52	
15	Tue	10:37	6.0	10:52	6.8	4:47	0.3	4:58	0.6	6:02	7:50	
16	Wed	11:22	6.4	11:38	7.0	5:32	0.1	5:46	0.2	6:03	7:49	
17	Thu			12:06	6.7	6:16	-0.2	6:34	0.0	6:04	7:48	
18	Fri	12:24	7.1	12:51	7.0	7:00	-0.3	7:23	-0.2	6:05	7:46	
19	Sat	1:12	7.1	1:38	7.2	7:44	-0.4	8:13	-0.2	6:06	7:45	
20	Sun	2:01	6.9	2:26	7.3	8:29	-0.3	9:05	-0.2	6:07	7:43	
21	Mon	2:52	6.7	3:17	7.3	9:18	-0.1	10:01	0.0	6:08	7:42	
22	Tue	3:46	6.4	4:11	7.1	10:10	0.2	11:00	0.2	6:09	7:40	
23	Wed	4:44	6.0	5:09	6.9	11:08	0.5			6:10	7:39	
24	Thu	5:47	5.8	6:13	6.6	12:03	0.4	12:11	0.8	6:11	7:37	
25	Fri	6:54	5.6	7:20	6.4	1:08	0.6	1:18	0.9	6:12	7:36	
26	Sat	8:01	5.6	8:26	6.4	2:14	0.6	2:24	0.9	6:13	7:34	
27	Sun	9:04	5.8	9:26	6.4	3:15	0.6	3:26	0.8	6:14	7:33	
28	Mon	9:59	6.0	10:19	6.5	4:10	0.5	4:21	0.7	6:15	7:31	
29	Tue	10:47	6.2	11:05	6.5	4:58	0.4	5:11	0.6	6:16	7:29	
30	Wed	11:30	6.4	11:46	6.5	5:41	0.3	5:56	0.5	6:17	7:28	
31	Thu			12:09	6.5	6:20	0.3	6:37	0.4	6:18	7:26	