US HARBORS www.USHarbors.com

Mount Sinai, NY - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:45	5.5	12:51	6.1	6:59	0.7	7:35	0.2	6:57	4:24	
2	Sat	1:28	5.5	1:36	6.1	7:43	0.8	8:19	0.2	6:58	4:24	
3	Sun	2:13	5.5	2:24	6.0	8:32	0.8	9:06	0.3	6:59	4:24	
4	Mon	3:01	5.6	3:16	5.9	9:26	0.7	9:57	0.3	7:00	4:24	
5	Tue	3:53	5.7	4:12	5.8	10:25	0.6	10:50	0.2	7:01	4:24	
6	Wed	4:48	5.9	5:12	5.7	11:26	0.5	11:46	0.2	7:02	4:24	
7	Thu	5:45	6.2	6:14	5.7			12:28	0.2	7:03	4:23	
8	Fri	6:43	6.5	7:15	5.8	12:42	0.1	1:29	0.0	7:04	4:23	
9	Sat	7:39	6.8	8:13	5.9	1:38	0.0	2:27	-0.3	7:05	4:23	
10	Sun	8:34	7.1	9:09	6.0	2:33	-0.1	3:23	-0.6	7:06	4:24	
11	Mon	9:27	7.2	10:02	6.1	3:28	-0.2	4:17	-0.7	7:06	4:24	
12	Tue	10:19	7.2	10:54	6.1	4:21	-0.3	5:09	-0.8	7:07	4:24	
13	Wed	11:10	7.1	11:46	6.1	5:14	-0.3	6:00	-0.7	7:08	4:24	
14	Thu			12:02	6.9	6:06	-0.2	6:50	-0.5	7:09	4:24	
15	Fri	12:37	6.0	12:54	6.6	6:58	0.0	7:40	-0.3	7:09	4:24	
16	Sat	1:29	5.9	1:46	6.3	7:52	0.2	8:30	-0.1	7:10	4:25	
17	Sun	2:22	5.8	2:39	5.9	8:46	0.4	9:20	0.2	7:11	4:25	
18	Mon	3:14	5.7	3:33	5.6	9:43	0.6	10:11	0.4	7:11	4:25	
19	Tue	4:07	5.6	4:28	5.3	10:40	0.7	11:02	0.6	7:12	4:26	
20	Wed	5:00	5.6	5:25	5.0	11:38	0.8	11:53	0.7	7:13	4:26	
21	Thu	5:54	5.6	6:23	4.9			12:35	0.7	7:13	4:27	
22	Fri	6:46	5.6	7:19	4.9	12:44	0.8	1:29	0.6	7:14	4:27	
23	Sat	7:37	5.7	8:11	5.0	1:35	0.9	2:19	0.5	7:14	4:28	
24	Sun	8:24	5.8	8:58	5.1	2:23	0.8	3:07	0.3	7:14	4:28	
25	Mon	9:08	5.9	9:42	5.2	3:10	0.7	3:51	0.2	7:15	4:29	
26	Tue	9:50	6.0	10:23	5.3	3:54	0.6	4:33	0.0	7:15	4:30	
27	Wed	10:30	6.1	11:02	5.4	4:36	0.5	5:13	-0.1	7:15	4:30	
28	Thu	11:10	6.2	11:42	5.5	5:18	0.4	5:53	-0.1	7:16	4:31	
29	Fri	11:51	6.2			5:59	0.3	6:33	-0.2	7:16	4:32	
30	Sat	12:23	5.6	12:33	6.2	6:41	0.2	7:13	-0.2	7:16	4:33	
31	Sun	1:05	5.7	1:17	6.2	7:25	0.2	7:51	-0.3	7:16	4:33	