US HARBORS www.USHarbors.com

Mount Sinai, NY - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:44	5.9	2:00	6.1	8:09	0.1	8:36	-0.3	7:16	4:34	
2	Tue	2:30	6.0	2:49	5.9	9:01	0.1	9:23	-0.2	7:17	4:35	
3	Wed	3:20	6.1	3:44	5.7	9:58	0.1	10:15	-0.1	7:17	4:36	
4	Thu	4:14	6.1	4:43	5.5	10:59	0.1	11:12	0.0	7:17	4:37	
5	Fri	5:12	6.2	5:46	5.3			12:03	0.1	7:17	4:38	
6	Sat	6:14	6.3	6:52	5.3	12:12	0.1	1:07	0.0	7:16	4:39	
7	Sun	7:17	6.4	7:55	5.4	1:14	0.1	2:10	-0.2	7:16	4:40	
8	Mon	8:18	6.5	8:55	5.6	2:16	0.0	3:09	-0.4	7:16	4:41	
9	Tue	9:15	6.6	9:50	5.7	3:15	-0.1	4:05	-0.5	7:16	4:42	
10	Wed	10:09	6.7	10:42	5.9	4:11	-0.2	4:56	-0.6	7:16	4:43	
11	Thu	11:00	6.7	11:31	5.9	5:04	-0.3	5:45	-0.6	7:16	4:44	
12	Fri	11:48	6.5			5:54	-0.3	6:31	-0.6	7:15	4:45	
13	Sat	12:19	6.0	12:36	6.3	6:43	-0.2	7:15	-0.4	7:15	4:46	
14	Sun	1:06	5.9	1:23	6.1	7:31	-0.1	7:59	-0.2	7:15	4:47	
15	Mon	1:52	5.9	2:09	5.7	8:19	0.1	8:42	0.0	7:14	4:48	
16	Tue	2:38	5.8	2:57	5.4	9:09	0.3	9:27	0.3	7:14	4:49	
17	Wed	3:24	5.7	3:47	5.1	9:59	0.4	10:13	0.5	7:13	4:50	
18	Thu	4:12	5.6	4:40	4.9	10:52	0.6	11:03	0.7	7:13	4:51	
19	Fri	5:04	5.4	5:36	4.7	11:47	0.6	11:56	0.8	7:12	4:53	
20	Sat	5:58	5.4	6:34	4.7			12:43	0.6	7:12	4:54	
21	Sun	6:53	5.4	7:30	4.8	12:50	0.9	1:38	0.5	7:11	4:55	
22	Mon	7:46	5.5	8:21	4.9	1:44	0.8	2:29	0.4	7:10	4:56	
23	Tue	8:36	5.7	9:08	5.1	2:36	0.6	3:17	0.2	7:10	4:57	
24	Wed	9:22	5.9	9:51	5.3	3:24	0.4	4:02	0.0	7:09	4:59	
25	Thu	10:04	6.1	10:32	5.6	4:09	0.2	4:44	-0.2	7:08	5:00	
26	Fri	10:45	6.3	11:12	5.8	4:52	0.0	5:24	-0.4	7:07	5:01	
27	Sat	11:27	6.4	11:53	6.0	5:35	-0.2	6:04	-0.5	7:07	5:02	
28	Sun			12:09	6.4	6:18	-0.3	6:44	-0.6	7:06	5:04	
29	Mon	12:35	6.2	12:53	6.4	7:03	-0.4	7:26	-0.6	7:05	5:05	
30	Tue	1:18	6.3	1:40	6.2	7:50	-0.4	8:10	-0.5	7:04	5:06	
31	Wed	2:05	6.4	2:30	6.0	8:42	-0.3	8:57	-0.3	7:03	5:07	