

Mount Sinai, NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:41	6.8	2:12	6.0	8:24	-0.6	8:36	-0.3	6:26	5:42	
2	Fri	2:33	6.6	3:08	5.7	9:20	-0.3	9:32	0.0	6:24	5:44	
3	Sat	3:30	6.3	4:08	5.4	10:22	0.0	10:35	0.3	6:23	5:45	
4	Sun	4:34	6.1	5:15	5.2	11:29	0.2	11:43	0.5	6:21	5:46	
5	Mon	5:44	5.9	6:25	5.2			12:37	0.3	6:19	5:47	
6	Tue	6:55	5.8	7:32	5.4	12:53	0.5	1:43	0.3	6:18	5:48	
7	Wed	8:00	5.9	8:32	5.6	1:59	0.3	2:42	0.1	6:16	5:49	
8	Thu	8:57	6.1	9:24	5.9	2:58	0.1	3:35	0.0	6:15	5:50	
9	Fri	9:47	6.2	10:09	6.1	3:51	-0.1	4:21	-0.2	6:13	5:51	
10	Sat	10:31	6.2	10:51	6.3	4:38	-0.2	5:02	-0.2	6:11	5:53	
11	Sun	11:12	6.2	11:29	6.3	5:21	-0.3	5:40	-0.1	6:10	5:54	
12	Mon	11:51	6.1			6:01	-0.3	6:16	0.0	6:08	5:55	
13	Tue	12:06	6.3	12:30	5.9	6:40	-0.2	6:52	0.2	6:07	5:56	
14	Wed	12:43	6.2	1:09	5.7	7:18	-0.1	7:28	0.4	6:05	5:57	
15	Thu	1:21	6.1	1:50	5.5	7:57	0.1	8:06	0.6	6:03	5:58	
16	Fri	2:01	5.9	2:33	5.3	8:38	0.3	8:48	0.8	6:02	5:59	
17	Sat	2:43	5.7	3:18	5.2	9:23	0.5	9:35	1.0	6:00	6:00	
18	Sun	3:31	5.5	4:09	5.0	10:14	0.7	10:28	1.1	5:58	6:01	
19	Mon	4:24	5.3	5:04	4.9	11:10	0.9	11:27	1.1	5:57	6:02	
20	Tue	5:23	5.3	6:02	5.0			12:08	0.9	5:55	6:03	
21	Wed	6:24	5.4	7:00	5.2	12:27	1.0	1:06	0.8	5:53	6:05	
22	Thu	7:22	5.6	7:53	5.5	1:25	0.8	2:00	0.5	5:52	6:06	
23	Fri	8:16	5.9	8:41	5.9	2:20	0.4	2:49	0.2	5:50	6:07	
24	Sat	9:05	6.2	9:26	6.4	3:11	0.0	3:35	-0.1	5:48	6:08	
25	Sun	9:51	6.5	10:10	6.8	4:00	-0.4	4:20	-0.3	5:47	6:09	
26	Mon	10:38	6.6	10:55	7.1	4:48	-0.7	5:04	-0.5	5:45	6:10	
27	Tue	11:24	6.7	11:41	7.2	5:35	-0.9	5:48	-0.5	5:43	6:11	
28	Wed			12:13	6.6	6:24	-0.9	6:35	-0.5	5:42	6:12	
29	Thu	12:29	7.2	1:03	6.4	7:14	-0.8	7:25	-0.3	5:40	6:13	
30	Fri	1:20	7.1	1:57	6.2	8:07	-0.6	8:18	0.0	5:38	6:14	
31	Sat	2:15	6.8	2:54	5.9	9:05	-0.2	9:18	0.3	5:37	6:15	