

Mount Sinai, NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:00	5.3	7:22	6.2	1:14	0.8	1:21	1.1	5:23	8:28	
2	Mon	7:57	5.3	8:15	6.1	2:08	0.8	2:13	1.2	5:24	8:28	
3	Tue	8:52	5.3	9:04	6.2	3:01	0.8	3:04	1.2	5:24	8:27	
4	Wed	9:42	5.4	9:51	6.2	3:50	0.6	3:53	1.2	5:25	8:27	
5	Thu	10:28	5.5	10:35	6.3	4:35	0.5	4:40	1.1	5:25	8:27	
6	Fri	11:10	5.7	11:17	6.4	5:18	0.4	5:23	1.0	5:26	8:27	
7	Sat	11:51	5.8	11:57	6.4	5:59	0.3	6:05	0.9	5:27	8:26	
8	Sun			12:30	5.9	6:38	0.2	6:46	0.8	5:27	8:26	
9	Mon	12:37	6.5	1:08	6.0	7:16	0.2	7:27	0.7	5:28	8:26	
10	Tue	1:17	6.5	1:48	6.2	7:54	0.1	8:09	0.6	5:29	8:25	
11	Wed	1:58	6.5	2:28	6.3	8:33	0.1	8:53	0.5	5:29	8:25	
12	Thu	2:41	6.4	3:10	6.5	9:13	0.1	9:40	0.5	5:30	8:24	
13	Fri	3:26	6.3	3:54	6.6	9:56	0.2	10:31	0.5	5:31	8:24	
14	Sat	4:16	6.1	4:43	6.7	10:43	0.3	11:27	0.5	5:32	8:23	
15	Sun	5:10	5.9	5:36	6.7	11:35	0.4			5:32	8:23	
16	Mon	6:10	5.8	6:35	6.8	12:27	0.5	12:33	0.6	5:33	8:22	
17	Tue	7:13	5.7	7:37	6.8	1:29	0.4	1:34	0.6	5:34	8:21	
18	Wed	8:18	5.7	8:40	6.9	2:33	0.3	2:38	0.6	5:35	8:21	
19	Thu	9:21	5.9	9:41	7.0	3:34	0.1	3:40	0.5	5:36	8:20	
20	Fri	10:20	6.1	10:38	7.1	4:33	0.0	4:40	0.3	5:37	8:19	
21	Sat	11:15	6.3	11:32	7.1	5:28	-0.2	5:37	0.2	5:37	8:19	
22	Sun			12:07	6.5	6:19	-0.3	6:31	0.1	5:38	8:18	
23	Mon	12:24	7.1	12:57	6.6	7:07	-0.3	7:22	0.1	5:39	8:17	
24	Tue	1:14	6.9	1:46	6.6	7:54	-0.2	8:13	0.2	5:40	8:16	
25	Wed	2:03	6.6	2:33	6.6	8:39	0.0	9:03	0.4	5:41	8:15	
26	Thu	2:51	6.3	3:20	6.6	9:23	0.3	9:53	0.5	5:42	8:14	
27	Fri	3:40	6.0	4:06	6.4	10:08	0.5	10:44	0.7	5:43	8:13	
28	Sat	4:30	5.7	4:54	6.3	10:55	0.8	11:36	0.9	5:44	8:12	
29	Sun	5:22	5.4	5:44	6.1	11:44	1.1			5:45	8:11	
30	Mon	6:18	5.2	6:38	6.0	12:30	1.0	12:37	1.3	5:46	8:10	
31	Tue	7:16	5.2	7:33	5.9	1:26	1.0	1:32	1.4	5:47	8:09	