

Mount Sinai, NY - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:13	5.2	8:28	6.0	2:21	1.0	2:27	1.4	5:48	8:08	
2	Thu	9:07	5.3	9:20	6.1	3:13	0.9	3:20	1.3	5:49	8:07	
3	Fri	9:55	5.5	10:07	6.2	4:02	0.8	4:10	1.1	5:50	8:06	
4	Sat	10:39	5.8	10:50	6.4	4:47	0.6	4:56	0.9	5:51	8:05	
5	Sun	11:20	6.0	11:31	6.6	5:29	0.4	5:39	0.7	5:52	8:04	
6	Mon	11:59	6.2			6:08	0.2	6:21	0.5	5:53	8:03	
7	Tue	12:11	6.7	12:38	6.4	6:47	0.1	7:03	0.3	5:53	8:01	
8	Wed	12:51	6.7	1:17	6.6	7:25	0.0	7:45	0.2	5:54	8:00	
9	Thu	1:33	6.7	1:58	6.8	8:04	0.0	8:30	0.2	5:55	7:59	
10	Fri	2:17	6.6	2:41	6.9	8:45	0.0	9:17	0.2	5:56	7:58	
11	Sat	3:04	6.4	3:27	6.9	9:29	0.2	10:09	0.3	5:57	7:56	
12	Sun	3:55	6.2	4:18	6.9	10:18	0.3	11:06	0.4	5:58	7:55	
13	Mon	4:51	5.9	5:14	6.8	11:13	0.6			5:59	7:54	
14	Tue	5:52	5.7	6:17	6.7	12:08	0.5	12:15	0.7	6:00	7:52	
15	Wed	6:59	5.6	7:24	6.6	1:14	0.6	1:22	0.8	6:01	7:51	
16	Thu	8:06	5.7	8:31	6.7	2:20	0.5	2:29	0.7	6:02	7:49	
17	Fri	9:10	5.9	9:33	6.8	3:23	0.4	3:33	0.6	6:03	7:48	
18	Sat	10:08	6.2	10:29	6.9	4:20	0.2	4:32	0.4	6:04	7:47	
19	Sun	11:01	6.5	11:20	6.9	5:12	0.0	5:26	0.2	6:05	7:45	
20	Mon	11:49	6.7			6:00	-0.1	6:16	0.1	6:06	7:44	
21	Tue	12:07	6.9	12:34	6.8	6:44	-0.1	7:04	0.1	6:07	7:42	
22	Wed	12:53	6.7	1:18	6.8	7:26	0.0	7:49	0.2	6:08	7:41	
23	Thu	1:37	6.5	2:00	6.7	8:06	0.2	8:33	0.3	6:09	7:39	
24	Fri	2:21	6.2	2:42	6.6	8:46	0.5	9:18	0.5	6:10	7:38	
25	Sat	3:06	6.0	3:25	6.4	9:28	0.8	10:04	0.7	6:11	7:36	
26	Sun	3:53	5.7	4:10	6.2	10:12	1.1	10:53	0.9	6:12	7:35	
27	Mon	4:43	5.4	5:00	6.0	11:01	1.3	11:46	1.1	6:13	7:33	
28	Tue	5:36	5.3	5:54	5.8	11:54	1.5			6:14	7:31	
29	Wed	6:34	5.2	6:52	5.8	12:42	1.2	12:52	1.5	6:15	7:30	
30	Thu	7:33	5.2	7:51	5.8	1:39	1.2	1:50	1.5	6:16	7:28	
31	Fri	8:29	5.4	8:45	6.0	2:34	1.1	2:46	1.3	6:17	7:27	