

Mount Sinai, NY - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:04	6.7	6:15	-0.6	6:29	-0.2	5:24	8:28	
2	Tue	12:21	7.5	12:57	6.9	7:06	-0.7	7:23	-0.3	5:24	8:27	
3	Wed	1:15	7.5	1:50	7.0	7:58	-0.7	8:19	-0.2	5:25	8:27	
4	Thu	2:10	7.3	2:45	7.0	8:50	-0.6	9:16	-0.2	5:25	8:27	
5	Fri	3:05	7.0	3:40	7.0	9:44	-0.4	10:15	0.0	5:26	8:27	
6	Sat	4:02	6.7	4:36	6.9	10:38	-0.2	11:15	0.1	5:26	8:26	
7	Sun	5:01	6.4	5:34	6.8	11:35	0.1			5:27	8:26	
8	Mon	6:01	6.1	6:33	6.7	12:17	0.3	12:32	0.3	5:28	8:26	
9	Tue	7:03	5.9	7:32	6.6	1:18	0.4	1:30	0.5	5:28	8:25	
10	Wed	8:04	5.8	8:28	6.6	2:18	0.4	2:27	0.6	5:29	8:25	
11	Thu	9:02	5.8	9:21	6.6	3:14	0.3	3:21	0.7	5:30	8:25	
12	Fri	9:53	5.9	10:09	6.6	4:05	0.3	4:11	0.7	5:31	8:24	
13	Sat	10:40	6.0	10:53	6.6	4:52	0.2	4:58	0.7	5:31	8:24	
14	Sun	11:23	6.1	11:34	6.6	5:35	0.2	5:41	0.6	5:32	8:23	
15	Mon			12:03	6.1	6:14	0.2	6:22	0.6	5:33	8:22	
16	Tue	12:13	6.5	12:43	6.2	6:52	0.2	7:02	0.6	5:34	8:22	
17	Wed	12:52	6.5	1:21	6.2	7:29	0.2	7:41	0.6	5:35	8:21	
18	Thu	1:31	6.4	1:59	6.2	8:05	0.3	8:20	0.6	5:35	8:20	
19	Fri	2:10	6.3	2:38	6.3	8:42	0.3	9:01	0.7	5:36	8:20	
20	Sat	2:50	6.2	3:17	6.3	9:20	0.4	9:44	0.7	5:37	8:19	
21	Sun	3:31	6.0	3:58	6.3	10:00	0.5	10:30	0.7	5:38	8:18	
22	Mon	4:16	5.9	4:42	6.3	10:44	0.6	11:20	0.7	5:39	8:17	
23	Tue	5:05	5.8	5:31	6.4	11:32	0.7			5:40	8:16	
24	Wed	6:00	5.7	6:25	6.4	12:14	0.7	12:26	0.8	5:41	8:16	
25	Thu	6:59	5.7	7:23	6.6	1:13	0.6	1:24	0.7	5:42	8:15	
26	Fri	8:00	5.8	8:23	6.8	2:12	0.4	2:23	0.6	5:43	8:14	
27	Sat	9:00	6.0	9:21	7.1	3:11	0.2	3:23	0.4	5:43	8:13	
28	Sun	9:57	6.4	10:17	7.3	4:08	-0.1	4:21	0.1	5:44	8:12	
29	Mon	10:51	6.7	11:11	7.5	5:02	-0.4	5:18	-0.2	5:45	8:11	
30	Tue	11:44	6.9			5:55	-0.6	6:13	-0.3	5:46	8:10	
31	Wed	12:04	7.6	12:37	7.1	6:46	-0.7	7:07	-0.4	5:47	8:09	