

Mount Sinai, NY - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:08	5.5	4:28	5.2	10:40	0.6	10:58	0.5	7:16	4:34	
2	Thu	4:58	5.5	5:22	5.1	11:35	0.6	11:50	0.5	7:17	4:35	
3	Fri	5:50	5.6	6:19	5.1			12:31	0.5	7:17	4:36	
4	Sat	6:44	5.8	7:15	5.2	12:44	0.5	1:26	0.2	7:17	4:37	
5	Sun	7:37	6.1	8:09	5.4	1:37	0.3	2:20	0.0	7:17	4:38	
6	Mon	8:28	6.4	9:00	5.7	2:30	0.1	3:13	-0.4	7:16	4:39	
7	Tue	9:18	6.7	9:50	6.0	3:22	-0.2	4:03	-0.7	7:16	4:40	
8	Wed	10:08	7.0	10:40	6.2	4:13	-0.4	4:53	-0.9	7:16	4:41	
9	Thu	10:58	7.1	11:30	6.4	5:04	-0.7	5:42	-1.1	7:16	4:42	
10	Fri	11:49	7.2			5:56	-0.8	6:32	-1.2	7:16	4:43	
11	Sat	12:21	6.5	12:41	7.1	6:49	-0.8	7:22	-1.1	7:15	4:44	
12	Sun	1:14	6.6	1:35	6.8	7:44	-0.7	8:14	-1.0	7:15	4:45	
13	Mon	2:08	6.5	2:31	6.5	8:41	-0.6	9:08	-0.8	7:15	4:46	
14	Tue	3:04	6.4	3:29	6.2	9:41	-0.4	10:05	-0.5	7:14	4:47	
15	Wed	4:02	6.3	4:29	5.8	10:43	-0.2	11:03	-0.3	7:14	4:48	
16	Thu	5:03	6.2	5:32	5.6	11:47	-0.1			7:14	4:50	
17	Fri	6:04	6.1	6:36	5.4	12:03	-0.1	12:49	0.0	7:13	4:51	
18	Sat	7:05	6.1	7:37	5.4	1:03	0.0	1:49	-0.1	7:13	4:52	
19	Sun	8:02	6.1	8:32	5.5	2:00	0.1	2:45	-0.1	7:12	4:53	
20	Mon	8:53	6.2	9:21	5.6	2:53	0.1	3:35	-0.2	7:11	4:54	
21	Tue	9:39	6.2	10:06	5.7	3:42	0.0	4:20	-0.3	7:11	4:55	
22	Wed	10:21	6.2	10:47	5.7	4:27	0.0	5:01	-0.3	7:10	4:57	
23	Thu	11:01	6.2	11:27	5.8	5:08	0.0	5:39	-0.3	7:09	4:58	
24	Fri	11:40	6.1			5:47	0.0	6:16	-0.3	7:09	4:59	
25	Sat	12:05	5.8	12:18	6.0	6:26	0.0	6:52	-0.2	7:08	5:00	
26	Sun	12:43	5.8	12:56	5.9	7:05	0.1	7:28	-0.1	7:07	5:01	
27	Mon	1:21	5.7	1:35	5.8	7:44	0.1	8:05	0.0	7:06	5:03	
28	Tue	2:00	5.7	2:16	5.6	8:25	0.2	8:45	0.1	7:05	5:04	
29	Wed	2:41	5.7	3:00	5.4	9:10	0.3	9:27	0.3	7:05	5:05	
30	Thu	3:24	5.6	3:47	5.3	9:58	0.4	10:14	0.4	7:04	5:06	
31	Fri	4:12	5.6	4:39	5.1	10:52	0.4	11:07	0.4	7:03	5:08	